

2019-20

Sr. No.	Date	Activity	Total No. of students	
1	10/06/2019	Pre-Admission Orientation Programme for candidates applying for Master of Social Work	58	
2	18/06/2019	Pre-Admission Orientation Programme for candidates applying for Bachelor of Social Work	37	
3	July to Dec 2019	English Language Lab (EEL) organised in collaboration with "LeadforWord"	29	
4	17/07/2019	Free ship Scholarship programme organized for students of Bachelor of Social Work (Semester I, III, V) and Master of Social Work (Semester I, and III)	66	
5	30/07/2019 to 30/09/2019	Yoga Sessions on every Wednesday	24	
6	05/08/2019	Competitive Examinations and Opportunities	34	
7	05/08/2019	Active youth citizenship Programme	55	
8		Workshop on Leadership		
9	06/08/2019	Session on Overseas Opportunities	17	
10		Session 'Giving direction and meaning in life' by G. G. Wankhede		
11		Session on Scholarships for SC/ST/OBC/NT/DNT	46	
12		Session on equal opportunities		
13	11/09/2019	International Day of Prevention of Suicide	127	

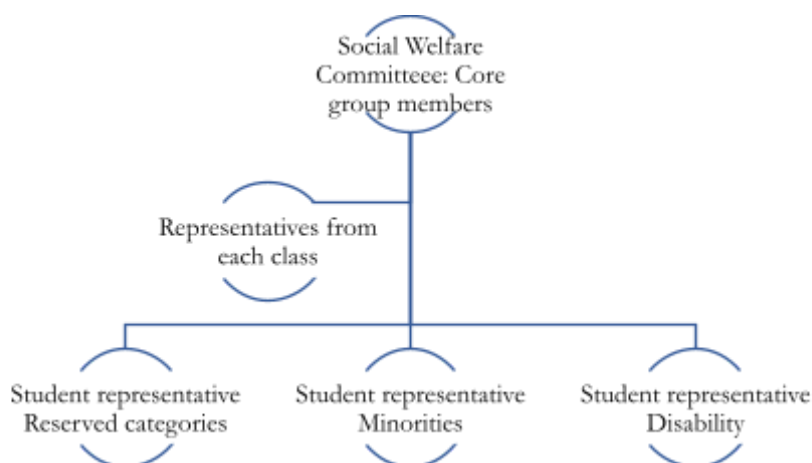
SOCIAL WELFARE COMMITTEE

Members

Convenor: Dr. Anitha Machado,

Members: Mr. Sameer Mohite and Mr. Cletus Zuzarte

Structure



Students occupy a pivotal position in all activities in the college. The major role of the Social Welfare Committee is to foster students representing the reserved category, minority, and students with disability to address their academic, social, and psychological problems; to facilitate students support in academic and co-curricular activities through proper social, sports, and cultural activities that will enable the students to maintain strong relationships among students; ensure adequate representation of students in intercollegiate events; address students difficulty in academics by forming student circles and submitting progress of the group to the Student Welfare Committee, identify students facing financial difficulties, and initiate innovative activities for the students.

An Orientation on the role of Student Welfare Committee was organized for each class (Bachelor of Social Work, Semester III, and V, 28th June 2019), Bachelor of Social Work, Semester and Master of Social Work, Semester III) during the Student Induction/Orientation Programme by the Faculty Representatives of the Committee. The relevance of the committee, activity calendar, structure, and purpose of the Student Welfare Committee was explained in detail during the orientation. Students were encouraged to become members of the Committee. Through a structured voting process, the Student Welfare Committee was formed.

A core group of five students consisting of one student from each class Ms. Sindhuja Tiwari (Bachelor of Social Work, Semester I), Amit Ghayal (Bachelor of Social Work, Semester III), Ms. Leslie D'souza (Bachelor of Social Work, Semester V), Yadnesh Kadam (Master of Social Work, Semester I), and Ms. Urja Arora (Master of Social Work, Semester III) was elected to form the Student Welfare Committee. One student from each class was elected into the three subgroups representing a reserved category, minorities, and persons with disabilities.

The members were sworn into office on the 15th July 2019 and were inducted into the Committee through an oath ceremony. They pledged to embrace inclusive practices and assured to champion the cause of equal opportunities for all and encourage others to work towards an inclusive classroom respecting diversity among students.

Some of the events planned and implemented by the Committee for 2019-2020 focused on: Coordination of Pre-admission programmes to help aspirants in entrance tests; skills developmental activities for maximum benefit to students, language proficiency classes; academic support; soft skill development; providing avenues for skill development and employability; examining cases of violation of equal opportunity and expediting redressal of issues; orientation on scholarships; and utilization of resources allotted for the development of marginalized groups provided by the University Grants Commission/State Government or any other agency and implementation of reservation policy.

The first programme organized by Social Welfare was the Pre-Admission Orientation Programme on 10th June and 18th June 2019 respectively for candidates applying for Master and Bachelor of Social Work. At the orientation, candidates were given an orientation on the mission, vision of the college, the courses offered, academic programmes, examination, programmes and facilities in the College; employment opportunities, academic schedule, admission process, and scholarships. A total of 58 candidates for Master of Social Work and 37 Bachelor of Social Work candidates participated in the programme.

An English Language Lab (EEL) for three months was inaugurated during the Oath Taking Ceremony. The Language Lab was organized in collaboration with 'LeadforWord'. The resource person Mr. Jospeh Martin and Mr. Akhib Shaikh were present at the Inauguration. The students had two hours of classes every week. A total of 29 students across classes enrolled for the programme thus providing them an equal opportunity to develop the language and participate

actively in all academic courses. A mapping Test was also conducted on the current level of the English Language Skills of the students.

A Free ship Scholarship programme was organized for students of Bachelor of Social Work (Semester I, III, V) and Master of Social Work (Semester I, and III) under the category of SC, ST, and OBC on 17th July 2019. The activity aimed to make the participants aware of the various scholarship schemes and student aid available to them; so they can utilize them for academic advancement. The session focused on post metric scholarships, eligibility criteria to be met to avail of the scholarship, how to apply for the scholarship, and documents needed for different scholarships.

Yoga Sessions were held regularly every Wednesday from 4.30 pm to 5.30 pm with Dr. Mansi Bawdekar a certified Yoga Trainer. The sessions started on 30th July 2019 with inputs on the benefits and outcomes of Yoga to overall health and well-being.

A session on Competitive Examinations and Opportunities available was organized on 5th August 2019 was organized The resource person for the session was Mr. Digambar Bagul, Programme Officer, SC/ST Cell, Tata Institute of Social Sciences.

A Full day Active youth citizenship Programme was organized on 18th August 2019 to build leadership qualities among youth at the College of Social Work, Nirmala Niketan Extension Centre, Goregaon East. The resource persons were Mr. Santosh Mekale and Mr. Sandeep Lalge.

A Leadership Workshop was facilitated by Fr. Sandeep Borges for students across all classes with a focus on those from disadvantaged backgrounds to train them in leadership skills and enable them to become effective leaders.

A session on Overseas Opportunities was organized on **06th August 2019** by Mr. Vishal Thakare, Visiting faculty at Tata Institute of Social Sciences.. Seventeen participants participated in the session.

To enable students to broaden their scope of understanding in career opportunities a session 'Giving direction and meaning in life' was organised. Prof. G. G. Wankhede inspired the students to pursue their aspirations through all the options available through the social work sector.

An orientation was provided for all students on the various Scholarships available for all students especially those from the scheduled caste and tribe backgrounds enabling them to receive a financial grant from the state and central government. The resource person for the session was **Mr. Digambar Bagul**, Programme Officer, SC/ST Cell, Tata Institute of Social Sciences. Participants included those representing the SC: 11; ST: 14, NT: 8, OBC: 12, Open: 1.

A session on equal opportunities was organized. Thirty students participated in the session

The Social Welfare Committee collaborated with the Student Council, Therapeutic Skills, and Mental Health course team (teachers and students) to commemorate International Day of Prevention of Suicide on September 11th, 2019. The session was led by Samaritans, the Mumbai team, a helpline providing emotional support for those who are stressed, distressed, depressed, and suicidal. The session was followed by an interactive session on Emotional Intelligence, entitled “Emotional Intelligence and its applications in Social Work” facilitated by Ms. Sharon D’souza (Life Coach). Participants included 127 students, 4 Faculty Members, and 4 Non-Teaching Staff. The objective of the session was to enable the students to understand the concept of Emotional Intelligence and explore its application in Social Work. Through an interactive session, the resource person emphasized the relevance of awareness, consciousness, mindfulness, and empathy. The resource person also shared that we must recognize when we are in distress, be self-aware and seek immediate help from mental health professionals to bounce back and develop our resilience.