

***"You are never too old
to set another goal or to dream"***



**EXTENSION CENTRE
COLLEGE OF SOCIAL WORK (AUTONOMOUS)
NIRMALA NIKETAN, GOREGAON**

Announces Online Admission for 3 months course

‘SKILL BASED COURSE IN SOCIAL WORK FOR SENIOR CITIZENS’

The Course is useful for:

- Senior Citizens interested in providing assistance to people in need/to work as volunteers
- People interested to work in NGOs or voluntary organisations

The Course Contents are:

- Foundation of Social Work with Senior Citizens
- Health and Well being
- Yoga Movement and Spirituality
- Financial Planning
- Dealing with Abuse
- Media Literacy



Course Duration – 3 months

Eligibility – SSC

Days and Time – Sessions on every Mon, Wed and Fri from 10 am to 12 noon

Age – 55 years and above

Fees – Rs. 5,500/-

Medium – English

Email Id - nnecentre@gmail.com

Phone no. 022-29270981/ 9930991953/ 9768001397

Program fees to be paid through NEFT/RTGS