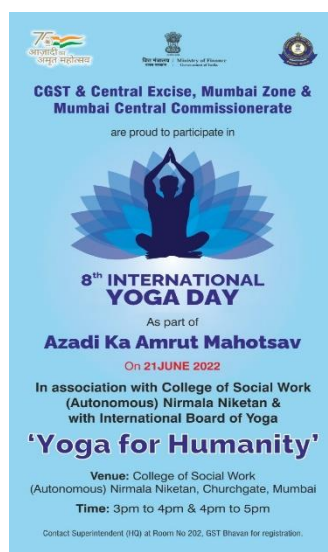


College of Social Work (Autonomous), Nirmala Niketan

Report on International Yoga Day on 21st June 2022.



The 8th International Yoga Day as part of Azadi ka Amrit Mahotsav was celebrated in College of Social Work (Autonomous) Nirmala Niketan, Mumbai on 21st June 2022. The programme was in collaboration with Central GST and Central Excise Mumbai Zone and Mumbai Central Commissionerate. The programme began at 2.00 pm with an inaugural programme. The official inaugural programme was attended by Dr. Prashant Chauha (IRS), Joint Commissioner, CGST & Central Excise, Mumbai Zone; Mr. Anwesh, Deputy Commissioner (IRS), CGST & Central Excise, Mumbai Zone; Mr. Nizar Ahmed, Superintendent (PRO) & Asst Sports Officer and Ms. Sabeena Gonsalves, Vice President, Nirmala Niketan Institute attended the official function along with 55 students.

After the official function, yoga training was provided for the students of College of Social Work, Nirmala Niketan for one hour. Students and faculty members participated in the yoga training and was a very enriching experience for all. The session for the children concluded at by 03.15 pm. Post the session yoga training was arranged for the staff of GST Bhavan. The entire team was divided into two batches and the sessions were till 5.15 pm.

Students Council