

Report of FRIENDSHIP DAY 2022

Organised by Women's Development Cell of CSWNN

Title of the event: Friendship Day - 2022

Date: 10th August, 2022

Time: 02:00pm - 05:00pm

Participants Classes: BSW – I, BSW – II, BSW – III, MSW – I, MSW - II

Organisers:

WDC committee Members:

Dr. Saman Afroz (Convenor)

Ms. Roshni Alphanso

Ms. Swati

Ms. Maya

Ms. Vaibhavi Kulkarni (student representative)

Ms. Ichcha Shinde (student representative)

Guest of Honor & Resource Person: Ms. Sunila Bhise, NN Alumni, counsellor and a freelance trainer

Title of the Program: Friendship, Infatuation, Love (Lets break the boundaries and embrace the true essence of friendship)

Program Schedule:

1. Interclass Role play competition on the theme of Friendship.
2. Talk on “Friendship, Love and Infatuation” by Ms. Sunila Bhise.
3. Tying of Friendship Bands

Summary of the Event:

The program began with Dr. Saman Afroz, Convenor WDC welcoming the gathering and introducing the theme of the day's program which was “**Friendship, Love and Infatuation.**” She also explained the program sequence of the day. This was followed by the address of the Principal CSWNN, Dr. Lidwin Dias. Dr. Lidwin warmly welcomed everyone to the program and explained the importance of Friendship in one's life.

The first event that was planned for the afternoon was Inter class Role play/ dance drama

competition. The aim of this competition was to help students develop a better understanding of friendship, love and infatuation which they often use interchangeably. The students beautifully presented their expressions for friendship, love and infatuation through creative dance forms. The judges for the competition was Dr. Sunila Bhise who was the guest of honour and resource person of the event. Along with her Dr. Anita Panot, faculty member CSWNN was also the judge. The dances were very energetic and the students got a good opportunity to depict their understanding on love, friendship and infatuation. It also acted as a good platform for the speaker Dr. Sunila Bhise to base her talk upon. Besides the performances of each class, there were a few filler items like Song and Shayari focusing on the theme of Friendship.

The students program was followed by Ms. Sunila Bhisese talk on “Friendship, Love and Infatuation”. The main objectives of this talk were:

1. To make students understand the similarities and difference between love, friendship and Infatuation.
2. To encourage friendship across genders.
3. To help students understand the true meaning of friendship and relate with each other in a better fashion.

Ms. Sunila Bhise, who works as a free-lance counsellor has several years of experience of working with children, adolescents and women. She has gained nuanced understanding of friendship, love and infatuations by looking at the life of several people whom she has counselled. Through her talk, Ms. Sunila conveyed her knowledge and insight with the students. She initiated the session by defining and distinguishing the three terms: Friendship, Love and Infatuation. She established a connection on how knowing these feelings is greatly influenced by one's sexuality. She made a further correlation of it with students' professional growth by essentially outlining the advantages of comprehending emotions to assess the client's relationship with their partner and family members for effective interventions. Ms. Bhisese talk was well appreciated by the students as it was laced with several examples which students could relate to. The talk was followed by a Question and Answer session by the students, where in they clarified their several doubts related to the theme of the talk.

The last event of the day was Tying of Friendship bands. Bands were provided by the WDC team and students were encouraged to tie to those with whom they wanted to make friendship. The occasion encouraged the students by promoting the notion that friendship between students of opposite genders should be normal. After this, Dr. Saman Afroz, Convenor WDC extended a Vote of Thanks to all who were involved in the planning and execution of the event.

The event ended with the distribution of snacks among the students.

Outcome of the event:

WDC was successful in raising awareness about the event and creating an environment that is supportive towards normalising friendships between people of opposite genders. The students' responses were a major contributing aspect to the event's success. Student engagement and interest in the subject issue were ensured by their participation in the competition. Through the span of the session, students were able to comprehend what friendship, infatuation, and love actually are as well as how these concepts might improve their professional development through appropriate intervention.

Feedback:

The session arranged on the topic of Friendship, Infatuation and Love conducted by Ms. Sunila Bhise could be planned earlier or in between the competition to make it more engaging for students. As it was planned at the end not everyone was attentive in the session.

Annexure 1
Program Schedule

Friendship Day Event
10th August
Time: 2 to 4.30 pm

- Welcome & Introduction about the theme of the Event, Dr. Saman Afroz, Convener WDC
- Welcome address by the Principal CSWNN, Dr. Lidwin Dias
- Introduction of the Judges and Resource Person : Ms. Roshni, Member WDC
- Role play competition (45 mins)
- Talk by Ms. Sunila Bhise (30 mins)
- Question and Answers (15 mins): *Distribution of Snacks*
- Tying of Friendship Bands (15 mins)
- Announcement of Winner
- Vote of thanks- Dr. Saman Afroz, Convenor WDC

Annexure 2



Glimpses from the Event

