

Reach out during Covid -19 Corona Virus Crisis:

The College of Social Work (Autonomous) Nirmala Niketan has intervened in Covid -19 through The Principal, Teaching, Non-teaching Staff, Students and Alumni in providing food grains and also working in collaboration with other NGOs for supply of cooked food and hygiene sanitation care.

	Service Provided	Type of Beneficiaries	Beneficiaries (No. of families)	Location	Volunteers directly involved in the field
1.	Food provisions 5 kg rice, two kgs Dal one litre oil worth	Daily wage earners(construction workers, domestic workers, senior citizens	170	Goregaon West, Mumbai Bhagatsingh Nagar, Laxmi Nagar Slum community	Vidya BSW 1 student and Deepak alumni
2.	Cooked lunch from 29 th March onwards daily in collaboration with Manthan Foundation, Versova	Senior Citizens	300	Bhagat singh nagar Slum community, Goregaon West, Mumbai	Lata MSW 2 student
3.	Medicines (BP tablets, Diabetes tablets in Collaboration with Good shepherd Convent, Versova	Senior Citizens	5	Bhagat singh nagar Slum community, Goregaon West, Mumbai	Lata MSW 2 student
4.	Food provisions Rice and dal	Migrant workers	80	Bhadalapur	Mr. Vishal MSW 2 student
5.	Food provisions wheat, rice, dal, oil, Sanitary pads 500 through Myna organization	Women Rag pickers	60	Bhimnagar, Thane,	Mr.Santosh MSW 2 student
6.	Food Provisions	Daily wage earners - Auto Rickshaw drivers	30	Bhiwandi	Mr. Ramzan, Alumni
7.	Food Provisions	Sugarcane workers	60	Indapur, Pune Dist	Mr. Rahul MSW 2 student

8	Food Provisions	Daily wage earners	72	Beed	Mr Datta MSW 2 student
10	Food Provisions	Migrant workers	30	Baddi, Himachal	Nirmala Niketan Institute

We have tried to provide financial help to our needy students who had problems with food ration.

Constant counselling has been provided by the Principal, Counsellor and staff to students to help them to cope up with this unforeseen situation and give them a listening ear.

A few of our students have also volunteered to work with the Bombay Municipal Corporation (BMC) with the ward officers in their locality in the areas of Quarantine care, catering and waste management, tracing and monitoring contacts of positive cases, food supply chain with special focus on aged and disabled through Nehru Yuva Kendra in the city of Mumbai.

Free ship of BSW and MSW fees for 32 students during 20-21 Academic year

Reach out by college to different groups through network with corporates and funding NGOs

The college helped 200 sex workers families with ration kids and 19 individual families amounting Rs 2,40,000/-.

After the Nisarg cyclone 200 tarpaulin sheets were sent to Raigad amounting Rs 2,02,000/-

A widow was helped with a garlic peeling machine and garlic for livelihood amounting Rs 17,800/-

After a fire broke at Shivaji Nagar due to an electric pole accident utensils blanket and bed sheets for 30 families were sent amounting Rs 73,650/-.

A library cupboard was given to Jeevandhara Institute at kollad amounting Rs 11,210/-.

Medical aid was provided to 13 individual families amounting 17,2055/-.

1900 soap bars were sent to Roha, Kollad, Mangaon, Talasri and Goregaon to be distributed among the needy amounting Rs 38,000/-

6 students (not from our college) were helped to pay their college, school or tuition fees 1,29,040/-

Work done during the pandemic situation by Anubhav Mumbai

1. Awareness Video on Covid-19
2. Webinar on Psychosocial Well Being During COVID-19
3. Webinar on Meditation
4. Webinar on Effective Ways of Time Management with Anubhav youth and different colleges.
5. Motivated Anubhav Youth to Participate in Youth Ministry Disaster Management Camp
6. **Worked on Covid-19 in different Municipal Corporation Wards in collaboration with BMC & NYK**

The Anubhav Mumbai has successfully engaged 61 youths from A, B, C, P South, P North and R South Wards of Mumbai. Youth helped the BMC in spreading awareness on Covid-19, distribution of food, distribution of sanitary napkins, conducting surveys etc. This initiation

helped youth to give the sense of responsibility towards society. News Covered: https://youtu.be/K_sdP59IQxU

7. Awareness Sessions on Covid-19 Pandemic

A project titled 'Engaging Youth in Disaster Prevention and Mitigation' was undertaken by AYTC in Santosh Nagar community of Goregaon, Mumbai. We have been able to reach out to over 1000 community residents by establishing rapport in the beginning, mobilization of different sections of society (especially youth and elderly), sanitization of the area along with rapid pre- and post-assessment and to assess their knowledge and awareness of pandemic have been the major strategies of the project.

The sessions have mainly focused on spreading awareness prevention and treatment related aspects were given more focus in all the sessions.

With regard to outcome and impact of the sessions, following pointers are significant:

- Collaboration with MCGM (Municipal Corporation of Greater Mumbai):
- A better engagement and rapport with various stakeholders and residents in the community especially youth and elderly:

8. Webinar on Group Bonding Workshop

Through this webinar we inspired and motivated 84 youths and the students of various colleges in and around Mumbai to be aware of this pandemic, and its effects namely, unemployment, domestic violence and alcoholism. The AYTC provided a platform to share their views, ideas and to create bond between the people who live in different places.

This webinar also aims to prepare participants that Disasters be it Natural or Biological can have effects other than harm to the health like – crumbling economy, increase in domestic violence, addiction relapse etc. and how can they tackle it.

9. Campaign on 'Voice of 2020: Gratitude towards Covid-19 Warriors'

The rationale of this campaign was to enable the citizens to nominate youth for their great service that they rendered towards the society and the people during this Covid-19 pandemic. The AYTC have received nominations of 21 youth from all over Mumbai. They were honoured, appreciated and acknowledged in the public through an online press release held on 27th February 2021 by AYTC.

10. Workshop on Career Counselling

Two offline one day Career Counselling Workshops were conducted in which total 105 students of AYTC and College of Social Work participated and benefited from these workshops where they gained knowledge on choosing career path. Further during the month of March and April AYTC team had one to one counselling with each student on the basis of their psychometric test report. The team had suggested the career streams to the counselled students like; Sociologist, Psychologist, PR, HR, Legal advisor, International relations, Fashion designing, Product designing, Fine arts, Banking, IAS, IPS, Army, Sports trainer, Youtuber, Photography, Mechanical, Hotel Management, Performing arts etc.

11. Workshop on Disaster Management

The Anubhav Youth Training Centre conducted the one-day offline 'Disaster Management' workshop in which the resource person was Mr. Mahesh Narvade, Retired Havaldar, Army. The workshop focused on the aspects like; Basics of Disaster Management, Rescue, First Aid, Fire Safety, Women Safety, Life Safety etc. Total 41 students from different colleges participated

12. Organising Mumbai Suburban Youth Festival 2021

This year AYTC organised online Youth Festival on 21st March 2021 on a theme, 'Engaging Youth in Disaster Prevention and Mitigation'. The festival marks the culmination for all the youth development activities, programs and campaigns, conducted throughout the academic year. A series of competitions was organised in February & March 2021 in which total 105 youth participated. Winners of the competitions were awarded by Certificates and Trophies. The Guests of Honor: Dr. Paul R. P., Associate Professor/ HOD, Department of Economics, Rizvi College and Dr. Lidwin Dias, Principal, CSW NN.

13. Survey of AYTC youth on the impact of Covid-19 and online learning

AYTC conducted the online survey of 155 students. According to survey, there is an immense need for webinar on mental health and counselling. As per the charts and responses of the students, it shows that they are stressed and worried about their career as it is difficult to understand E-learning concept. Hence, AYTC can provide them with career guidance counselling and skill-based training which will help them in future. Large number of youths are getting affected by Covid-19 and hence it is important to keep our youth mentally and physically strong because they are the future of our nation and they'll be the change agents and leaders for tomorrow.