

Certificate in Social Work with Senior Citizens

Program Code	101
Job Title	Elder Aide
Duration	3 months
Credits	4 Credits
Eligibility	CSW (PP)/ HSC+ prior work or volunteering experience
Seats	20
Age	45 Years and Above (relaxation in age available for interested candidates)
Fees (in INR)	5,320
<p>Course Code: CSWSC-C01</p> <p>Course Title: Foundation for Social Work Practice (1 Credit)</p> <p>Module 1: Definition, Concepts and History of Social Work (3 Hours)</p> <p>Module 2: Social Work Values and Principles (3 Hours)</p> <p>Module 3: Understanding self and others (3 Hours)</p> <p>Module 4: Social Work Methods (6 Hours)</p> <ul style="list-style-type: none"> • <i>Community mobilization and advocacy-2</i> • <i>Work with senior citizens and families: Basic counselling and referral skills-2</i> • <i>Work with senior citizens group: Steps and dynamics of forming self-help groups- 2</i> <p>Course Code: CSWSC-C02 (3 Credits)</p> <p>Course Title: Skills for Practice with Senior Citizens (45 Hours)</p> <p>Module 5: Healthy Food and Nutrition (3 Hours)</p> <p>Module 6: Basic First Aid (3 Hours)</p> <p>Module 7: Using Community Media-I: Puppet and Posters (3 Hours)</p> <p>Module 8: Dance Movement Therapy (3 Hours)</p> <p>Module 9: Yoga for Elderly (3 Hours)</p> <p>Module 10: Mindfulness Meditation (3 Hours)</p> <p>Module 11: Using Community Media-II: Awareness songs and skits (3 Hours)</p> <p>Module 12: Tackling Elder Abuse (3 Hours)</p> <p>Module 13: Disability and Rehabilitation (3 Hours)</p> <p>Module 14: Marital Issues and Utilizing Personal Laws (3 Hours)</p> <p>Module 15: Violence against Women and Utilizing Criminal Laws (3 Hours)</p> <p>Module 16: Advocating for Health and Consumer Rights (3 Hours)</p> <p>Module 17: Property Issues and Organising for Housing Rights (3 Hours)</p> <p>Module 18: Retirement Planning (3 Hours)</p> <p>Module 19: Presentation and Report Writing (3 Hours)</p>	