VOL. XXXIX, (No. 2) - AUGUST -2024 ISSN 0974-5114

UGC approved Journal under Social Sciences

Perspectives in Social Work

College of Social Work (Autonomous),
Nirmala Niketan
Mumbai

VOL. XXXIX, (No.2) - AUGUST-2024 ISSN 0974-5114

VISION AND MISSION

- **Contribute to building a new social order based on human dignity and social justice.**
- **Work with a preferential option for the vulnerable and exploited, both locally and globally.**
- **Build cadre of young, competent professionals having a global perspective and a strong value base of compassion, personal integrity, moderation, tolerance and self-respect.**

Perspectives in Social Work is a professional Journal for the advancement of perspectives on social issues and social work intervention. All articles in the Journal are peer reviewed.

Materials from this Journal may be used without previous permission of the publishers provided the source is properly acknowledged.

The opinions expressed in the Journal are solely those of the contributors and do not necessarily reflect the policy or position of the College of Social Work

Perspectives in Social Work is published thrice a year by the College of Social Work, (Autonomous),Nirmala Niketan, 38, New Marine Lines, Mumbai 400 020

Perspectives in Social Work journal of the College of Social Work (Autonomous) has been approved by the University Grant Commission http://ugccare.unipune.ac.in Journal under Social Sciences

Annual subscription cost: (Payable by DD/MO in favor of *Perspectives in Social Work*)
Note: The revised Annual Subscription rates from April 2023 issue would be as follows:

Category	1 Year	2 Year	3 Year
*Research Scholars & Students	300	500	
Individuals & Professionals	700	1200	1800
Institutions	1200	2200	3400

Disclaimer:
The opinions expressed in the Journal are solely those of the contributors and do not necessarily reflect the policy or position of the College of Social Work.

Chief Editors

Dr. Lidwin Dias, Principal, College of Social Work (Autonomous), Nirmala Niketan, Mumbai
Contact details: cswnnprincipal@gmail.com/ Tel: 022-2209- 3778

Dr. Geeta Balakrishnan, Former Principal, College of Social Work (Autonomous), Nirmala Niketan, Mumbai Contact details: geeta.balakrishnan@gmail.com/ Tel: 022-2200-2615

Editorial Board Members

Dr. Yamini Suvarna, Independent Consultant, (Research), Mumbai.

Dr. Joseph M.T, Assistant Professor, Department of Sociology, University of Mumbai.

Dr. Anita H. Panot, Associate Professor (Rtrd), College of Social Work, (Empowered Autonomous), Nirmala Niketan, Mumbai.

Dr. Roopa Rao, Associate Professor, Department of Community Resource Management, College of Home Science Nirmala Niketan, (Affiliated to the University of Mumbai), Mumbai

Dr. Sonia H Rodrigues, Associate Professor, College of Social Work, (Empowered Autonomous), Nirmala Niketan, Mumbai.

Dr.Renu A Shah, Assistant Professor, College of Social Work, (Empowered Autonomous), Nirmala Niketan, Mumbai.

Dr. Kalyani Talvelkar, Assistant Professor, College of Social Work, (Empowered Autonomous), Nirmala Niketan, Mumbai.

Dr. Ronald Yesudhas, Assistant Professor, College of Social Work, (Empowered Autonomous), Nirmala Niketan, Mumbai.

Mr. Benet Rajadurai. J, Coordinator, Research & Development Cell, College of Social Work, (Empowered Autonomous), Nirmala Niketan, Mumbai.

Editorial Office Team

Mr. Mukund Modak (DTP)

UGC approved under Social Sciences

CAUTION

Beware of "Predatory/ Fake/ Cloning Journals"

It has come to our notice that some agencies are cloning our journal, i.e *Perspectives in Social Work*. Strict legal actions will be taken against any such Predatory/ Fake/ Cloning publishers. Perspectives in Social Work is a double blind peer review journal which follows norms of the Committee on Publication Ethics (COPE) which promotes integrity in academic publishing. Prospective authors & subscribers are informed that we **DON'T CHARGE** authors any money and we are **NOT A PAID JOURNAL**. This is to inform that we are not responsible if you publish your manuscript through Predatory/ Fake/ Cloning publishers by paying money.

Kindly follow the protocol below to do the due diligence:

1. **Our journal details are found in www.cswnn.edu .in under the publication tab**

2. Manuscripts along with the plagiarism report can be first send to nnperspective@cswnn.edu.in

3. The editorial team will first check whether the article is relevant/ substantial/ suitable for our journal (15 days -30 days). Then its send to peer reviewers for review and feedback (1 month). The peer review feedback is then shared with the author. After incorporation, the article is send back again to the peer reviews to check the adherence. If satisfactory work is done, then article is scheduled for publication (it may take 6 to 9 months). There are no article processing charges for publishing your manuscript. Once published, the author gets a complimentary copy by post.

4. Information or any updates regarding your manuscript will be conveyed through to nnperspective@cswnn.edu.in only

5. We **DO NOT** publish any special issue based on conferences or seminars.

6. We **NO NOT** issue a publication certificate. Rather a letter of acceptance is provided (on request) for those authors whose papers are scheduled for publication.

7. For doubts/ registering complaints, please call (022) - 22075458 / 22067345 / 22002615 or write email to nn@cswnn.edu.in

Dr. Lidwin Dias and Dr. Geeta Balakrishnan
Chief Editors,
Perspective in Social Work
College of Social Work (Autonomous)
Nirmala Niketan, 38, New Marine lines,
Churchgate, Mumbai - 400 020

College of Social Work, Nirmala Niketan
(Affiliated to the University of Mumbai)
N.A.A.C Reaccredited *A*
UGC approved under Social Sciences
Perspectives in Social Work

Vol. XXXIX (No.2)- AUGUST-2024 ISSN 0974-5114

Contents

Editorial

1. Knowledge Of Child Rights Among School Teachers: A Key Factor For Inclusive Education In Udupi District 01
-Lilly Pushpam and Dr. M. Daniel Solomon

2. Identification, Categorization And Sub-categorization Of Scheduled Castes: A Review 23
-Robin Choudhary

3. Cave Syndrome: A State Of Re-entry Anxiety Linked To Covid-19 Pandemic 43
-Dr. Pratima Kaushik

4. Waves Of Pain In A Fishing Community In Kerala - An Ethnographic Exploration Of Domestic Violence 65
-Saji J, Antony Palackal

5. Socio-demographic And Alcohol Use-related Factors Associated With Self-esteem Among Adult Regular Drinkers -A Cross-sectional Study In Selected Villages Of Sivaganga District, Tamil Nadu, India. 85
-Joseph Xavier. K, Sethuramalingam. V, Nirmala. D,

EDITORIAL

As we turn the pages of our August issue, we find ourselves at the crossroads of the year. Embracing Diverse Perspectives in Social Work. Welcome to the August issue of Perspectives in Social Work, where we celebrate the richness of our field through the lens of diverse voices and innovative practices. Social work is inherently interdisciplinary, drawing from various schools of thought to address the complex needs of individuals, families, and communities.

The first article by Lilly Pushpam and Dr. M. Daniel Solomon on the topic Knowledge of Child Rights among School Teachers: A key factor for Inclusive Education in Udupi District. This article highlight the importance of this study in addressing a crucial gap in the implementation of inclusive education. By investigating the level of child rights knowledge among school teachers in Udupi District, we aim to contribute to the ongoing efforts of making education a truly inclusive and transformative force for all children.

The second article by Robin Choudhary on the topic Identification, Categorization and Sub-Categorization of Scheduled Castes: A Review: the concept of Scheduled Castes (SCs) plays a vital role in India's social and political framework, as these communities have historically faced social exclusion, economic deprivation, and systemic discrimination. These policies, enshrined in the Indian Constitution, are designed to promote social justice and equitable development. Sub-categorization is a critical step in addressing the internal disparities within SCs and creating a more inclusive framework for social justice.

The third article by Dr. Pratima Kaushik on the topic Cave Syndrome: A State of Re-entry Anxiety Linked to Covid-19 Pandemic. This cave syndrome escribes a state of heightened

anxiety and reluctance to re-engage with the outside world, despite the lifting of restrictions and the increasing safety of social interactions. Cave Syndrome highlights the long-lasting psychological effects of the Covid-19 pandemic, particularly as society's transition to a post-pandemic world. It emphasizes the need to approach re-entry with empathy and understanding, recognizing that while some may be eager to resume normal life, others may struggle with significant anxiety.

The fourth article by Saji. J and Dr. Antony Palackal on the topic Waves of Pain in a Fishing Community in Kerala - An Ethnographic Exploration of Domestic Violence. Fishing communities, often celebrated for their rich culture and tight-knit social bonds, also face a unique set of challenges stemming from economic uncertainty, seasonal work, and socio-cultural factors. In Kerala, a state known for its strong fishing economy, these communities are particularly vulnerable to domestic violence. This ethnographic exploration seeks to uncover the hidden dimensions of domestic violence in a fishing community in Kerala, analyzing its roots, manifestations, and the socio-economic factors that perpetuate this cycle of abuse. This ethnographic exploration reveals that domestic violence in Kerala's fishing communities is not merely a personal or family issue; it is a deeply entrenched social problem influenced by economic pressures, patriarchal norms, and cultural attitudes.

The final article by Joseph Xavier. K, Sethuramalingam. V and Nirmala. D on the topic Socio - Demographic and Alcohol use-related factors associated with self-esteem among adult regular drinkers - a cross-sectional study in selected villages of Sivaganga District, Tamilnadu, India. In rural areas, regular alcohol use is prevalent, often associated with complex socio-economic and cultural factors. Addressing low self-esteem in this population requires a holistic approach, including education, employment opportunities, and support for reducing alcohol dependence. Intervention programs aimed at reducing alcohol use, promoting mental health awareness, and offering support for self-esteem

enhancement could lead to better health and well-being in these communities.

In closing, we extend our deepest thanks to our authors for their contributions, to our reviewers for their invaluable feedback, and to you, our readers, for your continued engagement. Together, we navigate the ever-changing landscape of knowledge, seeking to illuminate the paths that lie ahead. We hope you find this issue insightful, and we look forward to the conversations it will undoubtedly inspire.

Editorial Team

College of Social Work (Empowered Autonomous)

Nirmala Niketan Institute

Affiliated to the University of Mumbai

N.A.A.C. Re-accredited with CGPA of 3.53 on four point scale at Grade 'A' 3rd Cycle (2015)

PERSPECTIVES IN SOCIAL WORK

Subscription Rates & Payment Details

Subscription Rates

Format	Subscription Type	Rate
Soft Copy	One Article	₹75
Soft Copy	One Issue	₹250
Hard Copy	One Issue	₹500
Hard Copy	Annual Subscription (Three issues)	₹1,500

Annual Subscription (inclusive of postage and packaging): ₹1,800 (₹1,500 + ₹300)

Bank Account Details

Account Name	Nirmala Niketan Institute Research
Account Number	50352010039415
Bank Name	Canara Bank
Branch	NML Branch
IFSC Code	CNRB0001389
UPI ID	9137558174@canara

UPI Payment

UPI ID: 9137558174@canara

Scan the QR code above to make the subscription payment

Dr. Lidwin Dias
Principal
College Of Social Work

Subscription Enquiries & Correspondence

- perspectivesnn@gmail.com
- nnperspective@cswnn.edu.in

Note: Kindly share the payment transaction receipt after completing the subscription payment.

COLLEGE OF SOCIAL WORK AUTONOMOUS

38, New Marine Lines, Mumbai- 400 020. Tel: +91-22-2200 2615, 2206 7345
Email: colsocwk@gmail.com / nn@cswnn.edu.in
Website: http://www.cswnn.edu.in