

# ANNUAL REPORT

## 2022-2023

COLLEGE OF SOCIAL WORK NIRMALA NIKETAN (*Autonomous*)



NIRF Ranking 69



ARIIA Ranking

# ACADEMICS

**Bachelors  
in Social  
Work**

**Masters in  
Social  
Work**

**Masters  
SIE**

**Ph.D in  
Social  
Work**

## Short Term Courses @ Main Campus

- 1) Diploma in Social Work,
- 2) Certificate Course in Law and Social Work,
- 3) Certificate course in Peace Education.
- 4) PG Diploma in Therapeutic Counselling.
- 5) PG Diploma in Child Rights and Child Protection.
- 6) Diploma in Inter-Religious Dialogue and Water for Sustainable Development.
- 7) Certificate Course in Advance Social Research Methodology.

## Short Term Courses @ Extension Centre

- 1) Certificate in Management of Non-Profit Organizations,
- 2) PG Diploma in Corporate Social Responsibility,
- 3) Certificate in Social Work for Para Professionals,
- 4) Certificate in Social Work for Senior Citizens
- 5) Certificate in Basic Skills in Counselling

# Services offered to Students



**Loan Scholarship**



# Annual Rural Camps : Nov 7 to 15, 2022

Class	Group 1	Faculty	Group 2	Faculty
BSW-I	Baruch -Whole class	Ms. Julia Dilima Dr Sameer M		
BSW-II	Karajgaon (Wadoli hospital)- Whole class	Ms Reny R Dr Anita Panot		
BSW-III	Anand	Ms Meghna V Mr Albin T	Khot, Gujarat	Dr Ronald Y Ms Shama S
MSW-I	Ahmednagar- Whole class	Dr Renu S Dr Saman A		
MSW - II	MPSM Nasik -Whole class	Dr Kalyani T Mr Cletus Z		

# IQAC Programs

- Workshop on developing scales, rubrics and tools organized on 9<sup>th</sup> & 10<sup>th</sup> Sept 2022
- National Conference (Hybrid Mode) Fieldwork: Planning, Assessment, and Good Practices 21<sup>st</sup> & 22<sup>nd</sup> Nov2022
- National Conference on Issues and Concerns of Adivasis (Tribals) in India: A Way Forward 9<sup>th</sup> – 10<sup>th</sup> December, 2022
- Soft skills training workshop for the non-teaching staff by Adrian and Allison Rozario on topics like leadership, team building, time management, stress management, work ethics and etiquette.
- Research workshops in Marathi organized on 10-11 Sept in the evening online.
- Professional development program as well as an add-on course on basic Qualitative Research
- Skill Hub Training by Govt of India. Dr. Ronald, Mr Cletus, Ms Pallavi, Dr Sameer and Mr Albin underwent training.
- FDP on Social Entrepreneurship (SE) held on 24<sup>th</sup> -29<sup>th</sup> Nov 2022
- Skill Development Workshop on Youth as change agents in Digital world in Collaboration

with St. Paul's College:



# Research Unit:

- 1) Post Graduate Diploma in Research Methodology
- 2) Qualitative Research Methodology Add on Course

Sr. No.	Name of the study	Commissioning Agency	Status
1.	Process Evaluation study of the Field Action Project – Anubhav Mumbai	Rashtriya Uchchatar Shiksha Abhiyan (RUSA)	Ongoing
2.	A need assessment study with Persons with Disability in Koth & Vattaman, Dholka Taluka, Gujarat	Rashtriya Uchchatar Shiksha Abhiyan (RUSA)	Completed
3.	Rapid Impact Assessment of COVID-19 pandemic on children in CCIs in Maharashtra	Rashtriya Uchchatar Shiksha Abhiyan (RUSA)	Ongoing
4.	A Baseline survey in the Tribal villages of Dahanu & Talasari Talukas, Palghar District, Maharashtra.	Rashtriya Uchchatar Shiksha Abhiyan (RUSA)	Completed

# Capacity Building Online Workshops through Research Unit

Sr. No.	Name of the Workshop	Month & Year	No. of Participants
1	Open Educational Resources	3 <sup>rd</sup> Mar 2023	12
2	Students Academic Misconduct: Plagiarism	2 <sup>nd</sup> Mar 2023	12
3	Research Report Writing	27 <sup>th</sup> to 28 <sup>th</sup> Feb 2023	12
4	Data Analysis using Microsoft Excel	15 <sup>th</sup> to 17 <sup>th</sup> Feb 2023	12
5	RUSA sponsored Professional Development Program (PDP) in 'Basics of Qualitative Research'	6th to 28th Jan 2023	31
6	Marathi Workshop on "Basics in Research Methodology -4: Data Analysis"	16th to 17th Dec 2022	30
7	RUSA sponsored Workshop on "Qualitative Data Analysis With NVIVO"	1st to 3rd Dec 2022	22
8	Marathi Workshop on "Basics in Research Methodology -3: Data Collection"	4th to 5th Nov 2022	25
9	RUSA sponsored Workshop on Qualitative Research Methodology Add on Course	27th Oct to 1st Nov 2022.	11
10	RUSA sponsored Workshop on Quantitative Research Methodology	28th to 29th Oct 2022	20
11	Marathi Workshop on "Basics in Research Methodology -2: Sampling Methods"	30th Sept to 1st Oct 2022	35
12	RUSA sponsored Marathi Workshop -Basics in Research Methodology - Research Designs	10th to 11th Sep 2022	53

# Field Action Project : **Spandan**

- **Sakhi:** Spandan intervenes with women through anganwadi centres, Self Help Groups and organizes various sessions on issues related to Reproductive Health, Prenatal, Postnatal Care and on Low Cost Nutrition. Importance of SHG's and Role of Women in Village Development and importance of diverse diet.
- **Kishordhara:** Interventions with Adolescents focusing on multivaried issues with emphasis on holistic health
- **Unnati:** Alternative livelihood options for community youth and families such as training in different skills like coconut shell and bamboo products, herbal medicine.
- **Satwaahar:** Program focuses on ensuring continued learning and practice of setting up kitchen garden to improve the families' food and dietary conditions.

## Perspective Plans

### Unnati

- Registration and Follow up of the OSOP Scheme
- Capacity Building Programs
- Setting up Community Work sheds

### Satwaahar

- Cluster Animators Training
- Identification of New Families

### Kishordhara

- Strengthening School Interventions

### Sakhi

- Capacity Building Training For Asha Workers
- Identification of Children who are severely malnourished and providing Supplementary nutrition



# Field Action Project: Pravas for the Elderly

Through RUSA support, Pravas reached out to the elderly in bhagat Singh Nagar through various initiatives on:

- **Skill development** in candle and agarbatti making (in collaboration with Kora Kendra)
- **Wellness promotion:** Yoga sessions, medical screening for cognitive and psycho-social wellbeing (in collaboration with holy Spirit Hospital)
- Sessions on home remedies and nutrition (in collaboration with HPT)
- **Creative sessions:** Dance movement, art and clay therapy
- **Medical camps**
- **Educational/awareness visit:** Assissi Bhavan and national park
- **Session on stress relief**
- **Strengthening support groups:** Independence day, inter-religious festivals, World Senior Citizens' Day, Children's activity, visit to Extension centre

# AYDC

## Interventions:

- Sessions on constitutional values and personality development
- Capacity building workshops on entrepreneurship development
- Workshop on career guidance
- Camp with preventive, promotive and curative intervention for health and well being through art therapy stress management and positive thinking
- Sensitization campaign on peace building and resilience through street theatre
- Mobilization of two new adolescent groups through door-to-door visits, small group meetings and educational sessions
- Sports day
- Intercollegiate suburban youth festival on themes related to mental health and creative expression
- RTI campaign
- Creation of safe spaces for adolescents and youth to share, reflect and engage
- Disaster intervention in Appapada

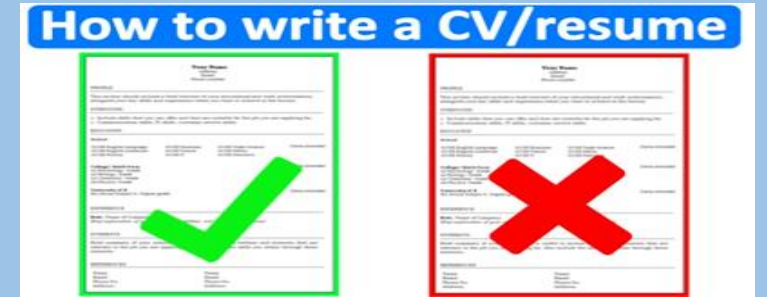
# Sakhsham in Collaboration with TISS

In 2007, the project catered to capacity building for Counsellors employed under SACS and NN was the nodal centre for capacity building in Maharashtra, Madhya Pradesh and Goa. Since 2021, College is one of the five Regional Institute for Capacity building and Evaluation (RICE), managing the Western zone (Maharashtra, Karnataka & Goa) for the nationwide project. There are two projects under Saksham:

- **Saksham Pramaan:** Pramaan project focuses on evaluation aspect of Saksham Projects. Our role is to facilitate transparent evaluation of Targeted Intervention Projects and Link Worker Schemes under NACO in all the three states (Maharashtra, Karnataka and Goa). Through the project, Saksham team enlists professionals as evaluators, trains identified professionals in evaluation, co-ordinates with regional State AIDS Control Organizations to schedule evaluations, monitors evaluations and submits reports to NACO as and when reports are received. In the reporting year, the team was able to facilitate 116 TI/LWS evaluations in 2 states of Maharashtra and Karnataka respectively. As project partners, Saksham also trained 51 evaluators for the process through 2 Regional Trainings organized in Mumbai and Bangalore respectively.
- **Saksham Pravaah:** As RICE institute, Saksham has also been able to make its contribution in TB elimination through Saksham Pravaah. This project is an adjunct to existing Saksham Pravaah project of TISS, which focuses on enhancing capacities of TB elimination program through DR TB counsellors. As the outcome of counselling was being appreciated, Central TB Division sought out to implement counselling trainings for all its frontline workers through Regional institutes across India. Through this project, our college has been able to identify 304 Master trainers in counselling. We led two Training of Trainers for Counselling Skills training for Frontline TB workers in Mumbai and Bangalore respectively. Furthermore, NN was first among the country to start cascading training for frontline TB workers by already trained master trainers. Within the reporting period, Saksham Pravaah could finish about 3 trainings in Maharashtra and 9 trainings in Karnataka in coordination with respective State TB Demonstration and Training Centres.

# Workshops organized by the Job Placement Cell

- 1) Professional Behaviour and Work Ettiquetes
- 2) Professional Avenues in Corporate Social Responsibility
- 3) Personal Branding, Business Communication and Managerial Capability
- 4) Writing Skills (Annual Reports)
- 5) Overseas opportunities in International NGOs and Fellowship Programs
- 6) Logical Reasoning and Data Interpretation for Written Tests and Competitive Exams
- 7) Grooming



# Initiatives of Women's Development Cell

## 1) Friendship, Infatuation, Love (Lets break the boundaries and embrace the true essence of friendship)

- Interclass Role play competition on the theme of Friendship.
- Talk on “Friendship, Love and Infatuation” by Ms. Sunila Bhise.
- Tying of Friendship Bands.

## • 2) Savtri Bai Lecture Series

## • 3) Women's day Celebration: DigitAll.





# Library Committee

- During the year 2022-23, there were 06 Committee Members.
- Library Hours of Working:
- As usual hours of work were observed, i.e., 9.00 a.m. to 6.00 p.m. During the examination the library was kept open till 7.00 p.m.
- Readers and use of Library:
- Number of Books lent out to students and faculty was **3640**. We have maintained the users' statistics, the number of those who have accessed the library facilities in the year was **18000**.



# Rotaract Club

- **Seed Ball Making Activity:** Rotaractors in association with Bhumi Foundation prepared 544 Seed balls in order to promote vegetation and greenery during the monsoon. The activity conducted on 14<sup>th</sup> August 2022, saw a participation of 10 students in total.
- **Juhu Beach Clean up:** Rotaract club students volunteered for Juhu Beach Clean up along with students council on 11 September 2022
- **Installation Ceremony:** Our college hosted the sixth Installation ceremony of Rotaract Club office bearers on 27 September 2022, the occasion was graced by President of Rotary Club of Mumbai South, Ms. Durriya Pardhiwala. The event saw official installation of Rotary club office bearers and felicitation of our club by the parent Rotary club. The event saw a participation of 18 students and faculty members.
- **Scavenger Hunt:** On 14 December, 2022, the club organized a treasure hunt inviting students from all classes to participate.



# Mumbai University's Research Competition AVISHKAR

- 6 students from MSW-II and BSW-III participated in.

1. Ira Desai
2. Ichcha Shinde
3. Sahil Shaikh
4. Noeme Henriques
5. Shivani Jadhav
6. Foram Dalal

- Ms. Foram Dalal guided by Ms. Meghna Vesvikar reached the 2<sup>nd</sup> round.



# RIWAYAT: 20<sup>th</sup> and 21<sup>st</sup> January 2023

## EVENTS AND COMPETITIONS

- Move it (Dance hip hop and classical event)
- Rhythm of Heart (Singing Event)
- Life beyond lens (Photographic event)
- Street Play
- Mic Drop (Rap and stand-up comedy)
- Mr. and Ms. Riwayat





# Symposium on Tribals in India



Warli Art workshop





# NATIONAL CONFERENCE ON FIELDWORK EDUCATION



# STATE LEVEL SEMINAR ON NEP 2020 WITH SOCIAL WORK INSTITUTIONS



## **Student Led Conference on Psychosocial Dimensions of Marginalization.**

Keynote speaker: Prof. A. Ramaiah

Valedictory speaker: Dr. Anuradha Sovani graced the conference with their insights on psychosocial marginalization based on caste and tribe, and exclusion of persons with mental health issues respectively.

Day 1 plenary speakers, Advocate Lara Jessani and Mrs. Farida Lambay spoke on condition of under-trial prisoners, marginalization of migrants, persons with disability among others.

Day 2 plenary speakers Dr. Ketaki Ranade and Dr. Shailesh Darokar explored issues of psychological and social exclusion of LGBTQIA+ community and sanitation workers.

Papers and posters were presented by students and educators of social work colleges like College of Social work, Roshni Nilaya, TISS, MIT University Pune among others.



# Alumni Association College of Social Work

- The Executive Committee decided to focus on a Membership Drive through reunions and establishing Alumni Chapters and providing opportunities for Alumni to upgrade their skills through value added refresher courses.
- The AACSW undertook the following Programmes, Events and Activities during their tenure
- **Activities**
- **Membership Drives / Enrolment:**
- To add to the existing lists of emails of Life Members, the team undertook the task of reworking on the Online Format for Collecting data of the Alumni by circulating a Google Form to all the known members of the Alumni through the existing Alumni Whatsapp Groups 1, 2 and 3.
- Creating Database
- Regularizing list of life members
- Regularizing the list of NN Graduating Students
- Regularization of Bank Account
- Auditing of Accounts
- Fund Raising for Disaster – Appapada Fire

# Alumni Association College of Social Work

Programmes and Events

Alumni Refresher Workshops held in July, September and October, 2022

1. Basics of Social Entrepreneurship
2. Contemporary Disability Perspectives and Experiences of Persons with Disability: Implications for Social Work Practice
3. Social Work Interventions with Older Persons





# Valedictorians



Sr. No	AWARD	Details	AWARDEE
1	DR. DOROTHY BAKER AWARD	For securing First Rank at the MSW II	<b>V SANTHI VINCENT CYRIL</b>
2	DR. DOROTHY BAKER AWARD	For securing Second Rank at the MSW II	<b>VIJAYAN VINCENT AMALORPAVA REGINA</b>
3	Mr & Mrs. MUKADAM AWARD	For securing First Rank at the MSW I	<b>DALAL FORAM RAJESH HETAL</b>
4	Mr & Mrs. MUKADAM AWARD	For securing First Rank at the BSW III	<b>NIKITA BHUPESH GAWLI</b>
5	DR. DOROTHY BAKER AWARD	For securing Second Rank at the BSW III	<b>ENRICA EMMANUEL ALAPPAT</b>
6	Ms. MARIA PAIVA COUCEIRO AWARD	For securing First Rank at the BSW II	<b>SATYAM SUBHASH SONAWANE</b>
7	BHAVANI SHASTRI MEMORIAL AWARD	For securing first rank at the BSW I	<b>AISHWARYA RAJESH PATEL</b>
8	Dr. Ms. HAZEL D'LIMA AWARD	For securing highest marks in Research at the MSW II	<b>SHARMA DEEKSHA PRAMOD INDU</b>
9	Mrs. KALINDI MUZUMDAR AWARD	For securing highest marks in Research Project at the MSW II	<b>SHARMA DEEKSHA PRAMOD INDU</b>
10	ANNIE SARAIYA GOLD MEDAL INSTITUTED AT MUMBAI UNIVERSITY	For securing First Rank at the BSW III	<b>NIKITA BHUPESH GAWLI</b>
11	NILIMA MEHTA & FAMILY AWARD	For securing highest marks in Psychology for Social Work Practice - at the MSW I	<b>DALAL FORAM RAJESH HETAL</b> <b>SHAIKH SHAGUFTA PARVEEN MOHD ASGAR ALI MEHRUNNISA</b>
12	NILIMA MEHTA & FAMILY AWARD	For securing highest marks in Human Behaviour at the BSW I	<b>SARITA JOHN FIGREDO</b>
13	THE MAGDELENE JOSEPH MEMORIAL AWARD	For securing first rank in Field work at the BSW -III	<b>SARIKA JOHNSON D SOUZA</b>
14	THE TRESSIE ARANHA MEMORIAL AWARDS	For securing First rank in Field work at the MSW- II	<b>PANENKADEN RINI LAWERENCE ALPHONSA</b>
15	NARU TATYA MEMORIAL AWARDS	For securing First rank in Field work at the MSW I	<b>DALAL FORAM RAJESH HETAL</b>
16	NARU TATYA MEMORIAL AWARDS	For securing first rank in Field work at the BSW - I, II	<b>BSW I :- SUBRATA KRISHNAMAI SANTOSH</b> <b>BSW II :- SHWETA JOSEPH MOSES</b>
17	MS. HYCINTHA GONSALVES AWARD	For securing First Rank at MSW II	<b>V SANTHI VINCENT CYRIL</b>
18	DR.JALINDER ADSULE AWARD	For securing highest marks in Community Organisation at the MSW I	<b>DALAL FORAM RAJESH HETAL</b>

# Disaster Relief Work: Appapada Community, Malad Fire outbreak

- A massive fire outbreak happened in Appapada community in Malad East of Mumbai on 16<sup>th</sup> March. The fire destroyed the homes of more than 1500 families in the area and made them, mostly a migrant population homeless. There are enquiries and lack of clarity on the reason of the fire outbreak, however it is observed that the fire was caused due to the cylinder blasts that happened in one among the houses which led to fire in the other homes and eventually led to a series of cylinder blasts. Whatever is the reason behind the outbreak of the fire, it was clear that more than 1500 families who were from a lower economic background and mainly migrants were at loss. Fire destroyed not only the houses but also all the necessary items including documents.
- A **team of 26 students and staff members** were formed by the college. Students and faculty members were in the field from the very next day. The team spent the initial days in understanding the needs in the field. Students under the guidance of the staff, went to the field after the class hours and did home visits. Meetings were conducted every day to take an update from the field and plan accordingly. College circulated a **brochure in order to mobilise the materials** for the needy families. Lot of like-minded people and organisations donated materials such as **dry ration, clothes, utensils, sanitary items, mattresses** and so on. Students also went to different parts of the city to collect the materials when people were not able to make the materials available to the community.
- Students also observed the need to interact with the children and a group of students **mobilised children** and conducted activities with them in the communities and the remaining group continued home visits and distributions. Collaborations were also done by the college by distributing the dry rations to the organisations who were running the community kitchen successfully.
- College will be continuing the intervention along with Bombay Catholic Sabha in the field with extension centre being the point of contact.

# Farewell

We place on record the dedicated service and significant contribution of



**Dr. Anita Panot, Associate Professor.**



**Mr. Pralhad Ade (library staff)**



# Light Fades Away Into Eternity



We remember with gratitude the immense  
contribution of  
Mrs Kalindi Muzumdar to our Institute.