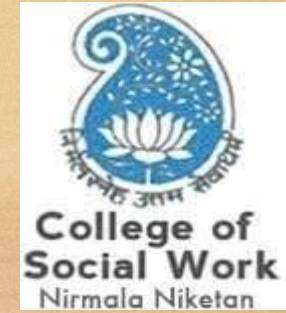


# College Of Social Work *Nirmala Niketan (Autonomous)*





# College of Social *Work Nirmala Niketan* (*Autonomous*) Since 1955

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- The college has completed 68 years, training young men and women to help the underprivileged fight for their rights. By the end of the training, these young persons are full fledged professionals making a mark in the society.

# Vision

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*The College strives to contribute to the building of a new social order in the country, based on human dignity and social justice. To work with the preferential option for the vulnerable and exploited groups in society both locally and globally*

*The vision sums up the ideological leanings and value orientation of the institution, inspired by its founding members. The philosophical value postulates highlighted in the vision and mission statements are also in congruence with the social ideals contained in the preamble of the Constitution of India.*

# Mission

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To build a cadre of young committed professionals having a global perspective and strong value base of compassion, personal integrity, moderation, tolerance and self-respect





- The college has undergone **three cycles of NAAC** accreditation and has been awarded the **highest grade** in all the three cycles.
- 3.53 upon 4 CGPA with A grade Valid up to 2024
- The college was awarded **Autonomous status** in February 2019.
- NIRF India ranking : 57 in India among the Colleges in 2023
- NEP : Revised and implemented BSW Honors course as per the NEP in 2023

# ACADEMICS

Bachelors  
in Social  
Work

Masters in  
Social  
Work

Masters  
SIE

Ph.D in  
Social  
Work

## Short Term Courses @ Main Campus

- 1) Diploma in Social Work,
- 2) Certificate Course in Law and Social Work,
- 3) Certificate course in Peace Education.
- 4) PG Diploma in Therapeutic Counselling.
- 5) PG Diploma in Child Rights and Child Protection.
- 6) Diploma in Inter-Religious Dialogue and Water for Sustainable Development.
- 7) Certificate Course in Advance Social Research Methodology.

## Short Term Courses @ Extension Centre

- 1) Certificate in Management of Non-Profit Organizations,
- 2) PG Diploma in Corporate Social Responsibility,
- 3) Certificate in Social Work for Para Professionals,
- 4) Certificate in Social Work for Senior Citizens
- 5) Certificate in Basic Skills in Counselling



# Services offered to Students



**Laptop Bank**



**Counseling  
Services**



**Loan Scholarship**



**MID-DAY MEAL**

## Field Action *Projects*



College of Social Work Nirmala Niketan is known worldwide in the social work realm as an institution with strong field intervention. The immense exposure in the field that the college provides for the students enable them to be professionals with sound knowledge about the ground realities of the society.

College does not limit this legacy into the teaching learning process of the institute, whereas has taken forward into concrete field interventions, affecting the lives of people in the field. Many of these Field Action Projects have grown into independent NGO's and are contributing to the welfare of needy population. Currently we have three Field Action Projects active within the college.



# Anubhav Mumbai 1997

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**Anubhav Mumbai** is the field action project working with students and youth in Mumbai. Initiated in 1997, Anubhav Mumbai has a very good record of training and inspiring young minds all over Mumbai.

## Interventions:

- Sessions on constitutional values and personality development
- Capacity building workshops on entrepreneurship development
- Workshop on career guidance
- Camp with preventive, promotive and curative intervention for health and well being through art therapy stress management and positive thinking
- Sensitization campaign on peace building and resilience through street theatre
- Mobilization of two new adolescent groups through door-to-door visits, small group meetings and educational sessions
- Sports day
- Intercollegiate suburban youth festival on themes related to mental health and creative expression
- RTI campaign
- Creation of safe spaces for adolescents and youth to share, reflect and engage
- Disaster intervention in Appapada



## Spandan 2017



‘**Spandan**’ is a field action project of College of Social Work, Nirmala Niketan, Mumbai, aiming to enrich tribal lives in **Talasari block of Palghar district** through integrated development approach. It aims to alleviate the problem of undernourishment in tribal population by participatory intervention through awareness, training, capacity building and networking with government bodies and NGOs.

- **Sakhi:** With Anganwadi workers on health and nutrition of women and children
- **Kishordhara:** Interventions with Adolescents focusing on issues with emphasis on holistic health
- **Unnati:** Alternative livelihood options for community youth and families such as training in different skills like coconut shell and bamboo products, herbal medicine.
- **Satwaahar:** Kitchen Garden, Nutritious plants and its importance



# Pravas 2019



**Pravas** is a field action project in by College of Social Work Nirmala Niketan working on the issue and problems of the older adults from the lower socio economic background. Work with older adults have been for a long time focused around the old age homes. This field action project is from the **philosophy of community care** and providing care for the elders in the community in which they reside. Pravas also has students placed for their field work practicum which helps the students also to get hands on experience on the elderly issues and community organization.

Pravas reached out to the elderly in bhagat Singh Nagar through various initiatives on:

- **Skill development** in candle and agarbatti making (in collaboration with Kora Kendra)
- **Wellness promotion:** Yoga sessions, medical screening for cognitive and psycho-social wellbeing (in collaboration with holy Spirit Hospital)
- Sessions on home remedies and nutrition (in collaboration with HPT)
- **Creative sessions:** Dance movement, art and clay therapy
- **Medical camps**
- **Educational/awareness visit:** Assissi Bhavan and national park
- **Session on stress relief**
- **Strengthening support groups:** Independence day, inter-religious festivals, World Senior Citizens' Day, Children's activity, visit to Extension centre



# Nirmiti Kaushalya Kendra

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- Recognising the changing trends of welfare taking place in the current scenario of globalisation, college of Social Work Nirmala Niketan has come up with Nirmiti Kaushalya Kendra (Social Entrepreneurship Cell).
- The cell provides training and mentorship for the students interested in developing their entrepreneurship ideas.