



# ANUBHAV YOUTH DEVELOPMENT CENTRE

Field action Project of  
College of Social Work (Autonomous), Nirmala Niketan, Mumbai





A large, irregular orange shape on the left side of the slide, resembling a splash or a hand-drawn blob. It contains the text 'What do we aim at?' in a dark blue, bold, sans-serif font. At the bottom right of this shape is a simple black line drawing of a hand-drawn swirl or flourish.

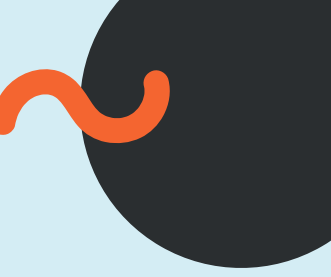
# What do we aim at?

## VISION

Empowering and equipping youth with capacity-building and skill-based programmes for individual, community, and social transformation.

## MISSION

Providing youth safe spaces for dialogues, reflection, and critical thinking and promoting youth engagement on social issues



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# MAIN OBJECTIVES

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To **sensitize** youth towards the various social and developmental concerns.

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To develop youth **awareness** of their capacities and enable them to participate in and contribute towards various developmental activities

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To **work** for the social, cultural, and political transformation of the society along with other similar organizations and marginalized groups

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To provide youth **orientation** to the existing intervention strategies in response to developmental issues

# History

## Phase I: Anubhav Mumbai: 1997

Established in collaboration: "Anubhav Shiksha Kendra"

Part of the National Youth Foundation (NYF).

Centre: Extension Center, Goregaon East, Mumbai

Interventions: Building a cadre at four levels

Client Group: College and Community Group



## Phase II: Anubhav Youth Development Center: 2019 till date

Centre: Extension Center, Goregaon East, Mumbai

Interventions: Based on global, national, and local need assessment

Client Group

- Adolescents and youth groups
- Students and non-student groups.
- NSS members

# AREA OF OPERATION

20 COLLEGES IN THE WESTERN SUBURBS  
COMMUNITIES IN WESTERN SUBURBS  
MATUNGA TO DAHISAR



# PHASE I I

## KEY STRATEGIES



# Model/Approaches to Youth centered services

**01**

**Youth  
Motivation/  
Youth  
Community  
Engagement**

- **Disaster Mitigation Efforts**
- **Participation in  
Citizenship and Governance**
- **Grassroot Mobilisation**
- **Sensitisation**

# Model/Approaches to Youth centered services

02

## Leadership and Capacity Building

- Capacity Building through the module Laher (*Constitutional Values/Democracy and Secularism, Gender Justice, Social Justice, Honesty and Integrity, Dignity of Labour*) with a focus on experiential learning (various stages)
- Recognition For Prior Learning
- Creative Interventions through Theatre
- Building competence through training with like-minded individuals



# Model/Approaches to Youth centered services

**03**

**Youth  
Centered  
Spaces for  
dialogue and  
Action/Youth  
Forum  
Building**

- **One-stop Center providing Youth Centered Services through extension services**
- **Courses promoting lifelong learning**
- **Digital Advocacy**

# Model/Approaches to Youth centered services

**04**

**Advocacy and  
Networking  
with  
stakeholders**

- **National Service Scheme**
- **Colleges**
- **Communities**
- **NonGovernment/  
Governmental  
Organizations**

**05**

**Need Based  
Interventions**

- **Career Guidance**
- **Social Entrepreneurship  
Skill Development**



# INTERVENTIONS: 2022-2023

26 Sessions on Constitutional Values; 9 Sessions on Personality Development with based on the module *Laher*  
(470 participants )

Capacity Building Workshops on Social Entrepreneurship  
(4 half-day sessions)  
(15 participants)

One workshop on Career Guidance in Colleges and Communities  
(205 participants)

Camp: Promoting Health and well-being through preventive, promotive, and curative models of intervention through Art Therapy, Stress Management, and Positive Thinking Sessions in the colleges and in NSS Camps  
(350 participants).

Sensitization Campaigns on Peacebuilding and Resilience through Street Theatre  
(trained 140 students through 6 workshops, Participation in 2 competitions).

# INTERVENTIONS

**Mobilization of two new adolescent groups through door-to-door visits, small group meetings, and four educational sessions  
(around 20 participants each)**

**Sports day programme  
(219 participants)**

**Disaster Management  
Malad Relief Work  
13 AYDC Youth**

**Intercollegiate suburban youth festival on themes related to the promotion of mental health and creative expressions  
(170 participants)**

**Right to Information campaign  
Over 50 RTIs, Responses received,  
Inspection , Review meetings**

**Creation of safe spaces for adolescents and youth to share, dialogue, learn, reflect, and engage through regular meetings of all levels**





# **PERSPECTIVE AND CAPACITY BUILDING OF STAFF**

**PAPER PRESENTATION AT THE NATIONAL CONFERENCE ON WORKING  
WITH YOUTH CHALLENGES AND OPPORTUNITIES**

**Wednesday August 24<sup>th</sup>-Thursday August 25<sup>th</sup>, 2022**

**WELLNESS PROGRAMME**

**Friday 6<sup>th</sup> January-Sunday 8<sup>th</sup> January 2023.**







## DISASTER INTERVENTIONS – MALAD RELIEF





# MUMBAI SUBURBAN YOUTH FESTIVAL EVENTS 25.04.2023







## CAPACITY BUILDING SESSIONS THROUGH LAHER





# WORKSHOP SOCIAL ENTREPRENEURSHIP







**SENSITIZATION CAMPAIGNS ON  
'PEACE BUILDING AND RESILIENCE'  
THROUGH STREET THEATRE**





**PROMOTING HEALTH & WELLBEING  
THROUGH  
CREATIVE EXPRESSIONS**





**INVITED BY SPANDHAN FOR  
CAREER GUIDANCE SESSIONS AT  
KARASGAON, TALASARI**



# SPORTS FOR MENTAL HEALTH



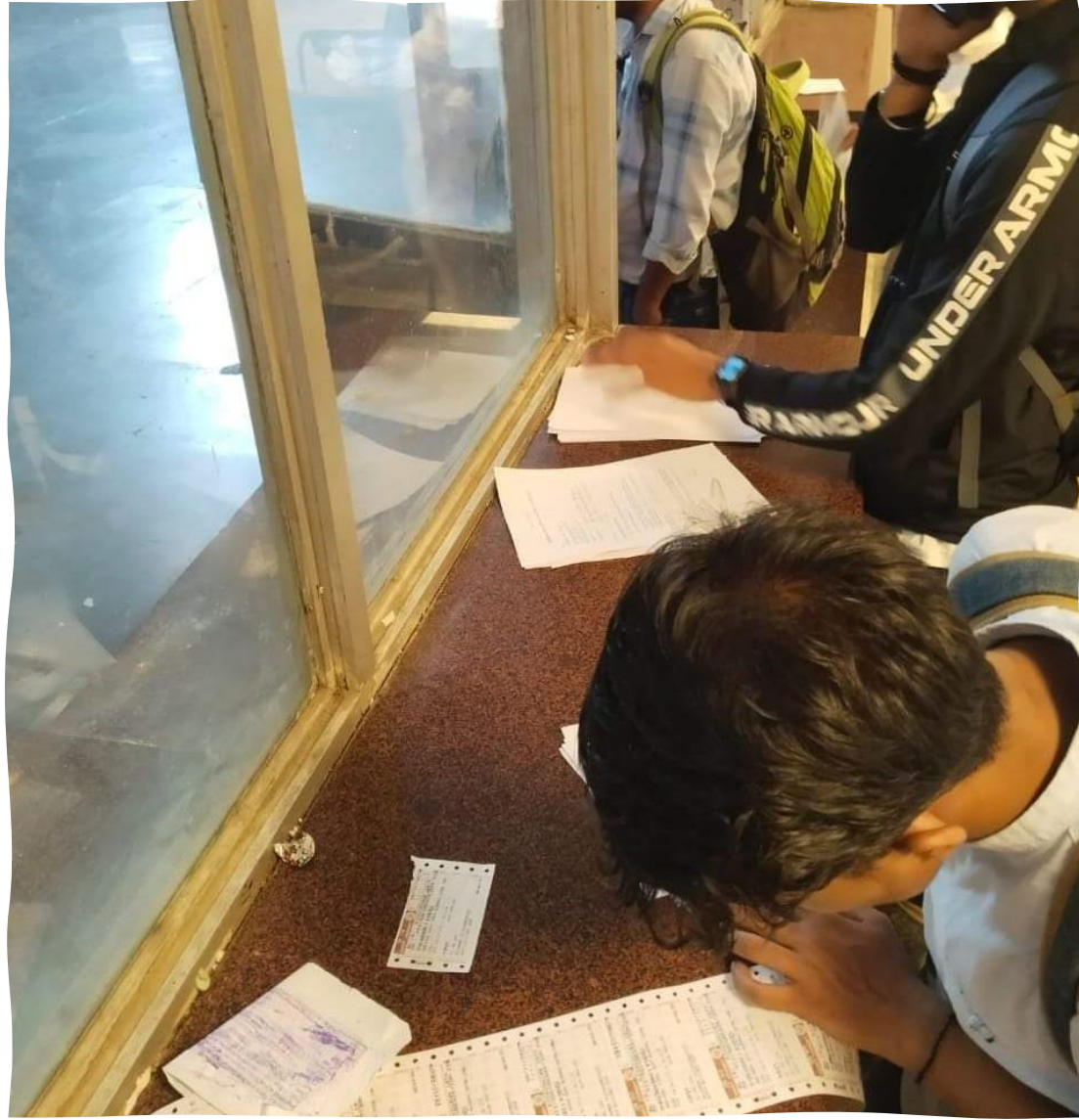
Mumbai, MH, India

Goregaon East, Mumbai, 400063, MH,  
India

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इन्हे- रिजिस्ट्रार रेल्वे व्यवस्थापक कार्यालय  
ही आच रेल्वे  
ई स्टेशन, मुंबई - ४०००२२

राखे पूर्ण नाव : वेदिका विजय पाटिल  
वहारासाठी पूर्ण पत्ता : ७, गगडवाडी चोम, ब्रम्. टि नगर, पोदस रोड, कांदिवली (W)

सूचनी क्र. : १३२५२६०२६२

इयक असत्येत्या माहितीचा तपशील  
विषय माहानक्षत्री : रेल्वे स्थानकारील स्वच्छता गृहाच्या व्यवस्थापना बाबत.

आवश्यक असत्येत्या माहितीचा तपशील :  
अ. रेल्वे स्थानकासाठी मोफत शौचालय / स्वच्छतागृहाच्या योजनेचे शासनाचे परिपत्रक मिळावे.  
आ. माहानक्षत्री स्थानकाच्या शौचालय / स्वच्छतागृहाचे शुल्क आकारण्या संघर्भातील रेल्वे चे परिपत्रक मिळावे.  
इ. शासनाच्या परिपत्रकाच्या नियमानुसार माहानक्षत्री स्थानकावर मोफत शौचालये किती असावे ह्याचे परिपत्रक किंवा माहिती मिळावी.

माहिती टपालद्वारे किंवा व्यक्तिशः : इमेल द्वारे: VedikaPatil273@gmail.com  
जबाबदार दारिद्र्य रेपेखाली आहे का ? : नाही.

१. माहितीचा अधिकार अधिनियम २००५ कलम ७ (१) अन्वये ३० दिवसाच्या विहित मुदतीत माहिती देणे आवश्यक आहे. अन्यथा कलम १८ (१) तक्रार, कलम १९ (८) ख नुकसान भरपाई, कलम २० (१) दंड किंवा २० (२) सक्तीची कारवाई, याला सर्वस्वी जबाबदारी आपली राहिल.  
२. जर हि माहिती आपल्या विभागाशी सामाहित नसेल तर कलम ६ (३) अन्वये ज्या विभागाशी सामांडीत आहे त्या अविभागाला वर्ग / पाठवण्यात यावे.

## RIGHT TO INFORMATION' CAMPAIGN



# **BEST PRACTICES**

- **Thematic events: concerned citizens for social transformation**
- **Engagement in e-governance**
- **Appreciation Programme on Constitutional Values**
- **Participation of Youth in Good Governance**
- **Recognition For Prior Learning**





Thank you

## MAKE A DIFFERENCE

- Volunteerism
- Identifying adolescent and youth group interventions
- Participate in Training Programmes, Sessions, Workshops
- Follow us on instagram

Connect with us

[nnanubhavmumbai@gmail.com](mailto:nnanubhavmumbai@gmail.com)



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