

**Name of Faculty Member:** Dr. Sonia H Rodrigues

**Designation:** Associate Professor

**Key Institutional Responsibility:** Field Coordinator

**Date of Birth:** 28.11.1978

**Date of Joining:** Leave Vacancy June 14, 2004, Open Post: June 20, 2004

**Date of Retirement:**

**Unique ID:** CSW-G-T7

**Education Qualifications:**

UG Degree, University, Year of Passing	June 1999
PG Degree, University, Year of Passing	June 2001
PhD Degree, University, Year of Passing	May 2022
NET	NET (Women Studies) April 2005
SLET, Year of Passing	SLET (Social Work) May 2002

**Work Experience (in Years):** 20 years

1. As a social worker with FAP CSWNN Sakhya Women Guidance Cell (2001-2003)
2. As Visiting Faculty CSW NN (2002-2003)
3. Ad hoc Lecturer (2004-2004)
4. Open Post Lecturer (2004 till date)

**Area of Specialisation (Max 3 areas):** Women Studies, Counselling

**Courses Taught:**

*Currently:* Mental Health, Psychology for Social Work Practice, Women Studies, Basic Counselling, *Courses taught earlier:* Human Growth and Development, Sociology (BSW I); Personality Development, Gender Studies (BSW II); Integrated Social Work Practice, Human Behaviour (BSW III); Social Work with Elderly (MSW I)

**Research Guidance:**

Number of PG Students Completed	19 2017-2018: 3 2018-2019: 4 2019-2020: 3 2021-2022: 3 2022-2023: 3 2023-2024: 3
Number of PhD Students Registered	---
Number of PhD Students Completed	---

**Number of papers presented: *To confirm***

Number of papers Presented in International Conferences	
Number of papers Presented in National Conferences	
Number of papers Presented in State/ Regional Conferences	

**Number of Research Publications: *To confirm***

Number of Books	
Number of Book Chapters	
Number of Articles in UGC Care	
Number of Articles in Scopus/ WoS	---

**Projects Carried Out:**

Number of Minor Research Projects (Up to Rs 2 lakhs)	01
Number of Major Research Projects (above 10 Lakhs)	--
Number of Consultancy Projects (Above 2 Lakhs)	02
Number of Field Action Projects <i>Serving as FIC</i>	02

## **CV Sonia H Rodrigues**

### **Educational Qualification:**

SSC: St Agnes High School, Convent of Jesus and Mary, Byculla, Mumbai

HSC: Sophia College, Mumbai

Bachelor of Arts (History): Sophia College, Mumbai

Masters of Social Work: College of Social Work, Nirmala Niketan, Mumbai

SET (May 2002) Social Work

NET (June 2004) Women Studies

### **Other Qualifications/Courses Completed**

Certificate Course in Social Work Research: Content and Methodology: College of Social Work, Nirmala Niketan, Mumbai (February 2004) (*Dissertation Pending*).

Certificate Course in Healthcare Ethics covering Ethical Issues from the beginning of life to the end-of-life, July 2016-2017 organized by F.I.A.M.C. Bio-Medical Ethics Centre.

Qualitative Research Methods Course June 7 to July 7, 2016 organized by Knowledge Whiteboard.

Integrated Diploma in Counselling: Heart to Heart Counselling Center, Byculla, Mumbai, March 2019.

Applied Buddhist Psychology Course March 2019.

### **Teaching Experience**

Field Work Supervisor: College of Social Work, Nirmala Niketan, Mumbai (2002-2003, 2003-2004)

Visiting Faculty for Women and Development for Bachelor of Social Work, Second Year: College of Social Work, Nirmala Niketan, Mumbai (2003-2004)

Assistant Professor: College of Social Work, Nirmala Niketan, Mumbai (2004 till date)

### **Field/Industry Experience**

Social Worker at Sakhya Anti Dowry and Women's Guidance Cell, Field Action Project of The College of Social Work, Nirmala Niketan, Mumbai (2001-2004). As a social worker gained valuable experience and knowledge on interventions in promotion of gender rights and gender justice. Tasks were centered on creating safe spaces for women through feminist counselling, casework interventions, facilitating support groups services based on the principles of strengths based practice; engaging in dialogical social work practice by building partnerships with women and civil society groups to evolve need based interventions (leadership training, self-help groups); advocacy and networking with likeminded organizations for critical reviews on the laws and policies to promote gender rights; facilitating public private partnerships by establishing a crisis center at a Municipal Hospital in Thane; collaborating with faith based organizations working at the grassroots in leadership training of women; undertaking

massive campaigns through Street Plays or “*Nukkad Nataks*”, door to door awareness programmes; sensitization session in educational institutions on the importance of Human Sexuality and building egalitarian relationships. The implications of hegemonic masculine identities on gender violence and toxic relationships was the main focus of the sessions. Feminist pedagogical principles were applied in training sessions conducted with students. An important task was also feminist *and* research and documentation. Some important events/activities that were coordinated included the Workshop on Dying Declaration in cases of domestic violence against women; Shelter Homes in Mumbai, “Men’s involvement in Women’s Issues” at the World Social Forum, Mumbai (January 2004, with 200 participants), paper presentation at the International Conference on “Male Preference and Bride Burning in India”, New Delhi. A major learning experience was having the valuable opportunity to co-author the research “Content Analysis of 72 Dowry Death Cases” handled by Sakhya, A Field Action Project of the College of Social Work, Nirmala Niketan, in 2005 and completing the Memograph on the Leadership Training Programme conducted by Sakhya at the Dockyard Road Community in 2004.

### **Courses Taught:**

Total Years of Teaching: 17

Official Leave availed: 2 years PhD leave and 9 months maternity leave.

Total number of subjects Taught: 19 subjects; 14 years

#### *Bachelor of Social Work*

##### First Year

Child Development (2005-2006; 2006-2007; 2007-2008; 2008-2009)

Human Growth & Development (2009-2010; 2010-2011; 2011-2012; 2012-2013; 2013-2014)

Society (2013-2014)

##### Second Year

Women and Development (2004-2005; 2005-2006; 2006-2007; 2008-2009; 2009-2010) Second Year

Personality Development (2008-2009) Second Year

Women Studies (2009-2010; (2010-2011, 2017-2018) Third Year

##### Third Year

Undergraduate Diploma on Human Rights sponsored by the University Grants Commission (2010-2011)

Work with Elderly (2010-2011; 2011-2012; 2012-2013; 2013-2014)

Gender Issues (2012-2013; 2013-2014)

Gender Studies (2014-2015; 2017-2018)

Human Behaviour (2017-2018)  
Integrated Social Work Practice (2017-2018)  
Basic Skills in Counselling (2018-2019; 2019-2020)

*Master of Social Work*

First Year

Work with Elderly (2012-2013)  
Human Behaviour (2014-2015)

Second Year

Mental Health (2018-2019; 2019-2020; 2020-2021)  
Psychology for Social Work Practice (2020-2021)  
Gender Studies (2020-2021)

Coordinated the Human Rights course sponsored by University Grants Commission.

*IGNOU's Distance Education course*

Coordinator of IGNOU's Distance Education course on Diploma in Women and Development (2010-2011)

**Details of Completed Research and Consultancy Projects**

Participated in a Research titled '*Taking stock of ourselves as Catholics in the Archdiocese of Mumbai?*' organized by the Archdiocese of Bombay in preparation of the Archdiocesan Consultation in Mumbai from 12-14<sup>th</sup> November 2102.

**Publications**

Authored and published a Memograph on the "Leadership Training programme with Community Women at Wadi Bunder, Dockyard and Reay Road Community Women in 2005

Coauthored a Research study titled '*Content Analysis of Dowry Deaths: Case records handled by Sakhya, 1987-2000*' in March 2005

Published an article on "Intervention Strategies in Dealing with Domestic violence" in the Examiner for January 2008 issue

Published an article in the Examiner on "Myths related domestic violence" August 2008 issue.

Wrote a Review on the Handbook – "Health of the Girl Child", Examiner, 2015 issue

Objectification of Women/Commodification of Women: Does It Really Matter? Perspectives in Social Work. Vol. XXVIII (No.3). December 2013

Co -authored a Chapter on “Oral Histories” in the book Research Methodologies: An Anthology. Rawat Publication 978-81-316-0896-8

Wrote a chapter on “End of Life Care “Dementia: Thoughts, Themes and Variations. Published by ARDSI and De Sousa Foundation 2017: 76-79

Promoting a critical perspective and praxis on Gender Issues through an integrated curriculum and field practicum. Management Guru: Journal of Management Research Vol: IV, Issue No 4 New Paradigms in Education and Managemen. Sharayu Prakashan 2016.

Missing Children in India: Situational Analysis and Implications for Practice. Perspectives in Social Work Vol. XXXII (No.2). August -2017.

Self-Perception and Coping Strategies of married women survivors of domestic violence Perspectives in Social Work Vol. XXXII (No.3) December -2017.

### **Papers Presented in Conferences**

2004-2005

Presented a paper titled ‘*Values and Ethical Dilemmas in Social Work Profession*’ at the UGC sponsored State Level Seminar on Values-A multidisciplinary perspective on 11, 12<sup>th</sup> February 2005 organized by St Xavier’s Institute of Education, Mumbai

2009-2010

Presented a paper on “Critical review of legislations related to domestic violence at the University Grants Commission Sponsored National Seminar on “Women Rights in Modern India “scheduled on 15<sup>th</sup> and 16<sup>th</sup> January 2010 organized by Nagindas Khandwala College of Commerce, Malad West.

2010-2011

Presented a Paper on ‘*Violence against Sexual Minorities*’ in the Silver Jubilee Conference of Marathi Manasshastra Parishad held on 22nd & 23rd December 2010 at Mumbai organized by Department of Applied Psychology & Counselling Centre and Mahatma Gandhi Peace Center, University of Mumbai, 22nd-23rd December 2010

Promoting a critical perspective and praxis on Gender Issues through an integrated curriculum and field practicum”. National Conference on New Paradigms in Education and Management National Conference organized by A.E. Kalsekar Degree College on 27<sup>th</sup> February 2016.

Right to Education Act, 2009 and Teacher Education: Issues and Concerns. National Seminar on Restructuring Teacher Education: Rationale and Risks organized by Seva Sadan’s College of Education in collaboration with Indian Association of Teacher’s Educators on 29<sup>th</sup> February 2016.

Participated in the International Week May 14<sup>th</sup> - May 18<sup>th</sup> 2018 organized by Hesso University of Applied Sciences and Art, Western Switzerland Degree Programme in Social Work. As representative from India conducted a three-day Workshop (No 12) held for two groups of students on the theme ‘*Building resilience in women survivors of violence through subaltern narratives and dialogues?*’. Presented a paper on Resilience of Women Survivors of Violence specifically in the context of marital relationships explored through Subaltern Narratives and Dialogues: Its Relevance to Social Work Practice (India) organized during an exchange and reflection day between academics and professionals.

Participated in the International Conference “Positive Thoughts, Positive Impacts and Positive Social Work: the wherewithal of hope? International Academic and Practitioner conference 10-12 December 2018 Kathmandu city, Nepal organized by Brisbane Institute of strengths-based practice in Australia. A paper on the doctoral Research study” Self-Perception and coping strategies of women affected by domestic violence was presented at the conference.

Self-Perception and cognitive distortions of survivors of domestic violence: relevance of Rational Emotive Behaviour Therapy. National Seminar on Gender Based Violence in India: Social Norms, Social Work and Social Change organized by Faculty of Social Work, The Maharaja Sayajirao University of Baroda under UGC-DSW Phase III with the support of Social Norms Hun (An initiative Supported by UNICEF, India-Country Office) on 7<sup>th</sup> and 8<sup>th</sup> February 2020.

### **Participation in Conferences**

Organized as part of a team, the International Social Work conference on ‘Community Care and Support for Persons living with HIV/AIDS challenges in the new millennium’ from 7<sup>th</sup> to 9<sup>th</sup> December 2004, in Mumbai

Workshop on “An Agenda for the Empowerment of Women: 2004-2005 held on 15<sup>th</sup> -16<sup>th</sup> July 2005 presided by Dr Arjun Singh, Honorable Minister for Human Resource Development, Government of India

National Commission for Women to review the various laws and policies for women in India held on 5<sup>th</sup> December 2005.

National Workshop on ‘Making the Right Choices: Youth and Sexual Health’ in the context of HIV/AIDS held between 23<sup>rd</sup> and 25<sup>th</sup> March, 2006.

First National Conference on School Mental Health, organized on 12<sup>th</sup> and 13<sup>th</sup> August 2006 by the Indian Association of Psychiatry, School Mental Health Clinic (Dept of Psychiatry), TNMC & BYL Nair Charitable Hospital, and Bombay Psychiatric Society

‘Gender Issues’ in the context of HIV/AIDS for 25 counsellors from different districts in Maharashtra organized by NACO in 9<sup>th</sup> December 2006.

International Seminar on ‘Consultation on Global Human Rights’ organized by St Xavier’s College, Mumbai organized by the Department of Human Rights on 17<sup>th</sup> November 2008.

National Conference on ‘Gender and Caste: Interface and Issues’ organized by the Women Development Cell, Mumbai University and Centre for Human Development, Department of Economics on 2<sup>nd</sup> & 3<sup>rd</sup> January 2009.

Conference on ‘Negotiating spaces: legal Domain, gender Constructs and Community Concerns, organized by Majlis on January 2010, and 10<sup>th</sup> January 2010

National Consultation on the “Implementation of the Protection of Women from Domestic violence Act, 2005, organized by India center for Human Rights and Law network in collaboration with Majlis on 20<sup>th</sup> and 21<sup>st</sup> of January 2010

State Level Workshop on “Human rights issues of Marginalized groups in Maharashtra” on 12<sup>TH</sup> and 13<sup>TH</sup> February 2010 and documented the proceedings of the Workshop.

National Conference ‘Conceptions of Interventions on Violence against Women; Building Curriculum to Enhance Capacities of Social Work’, March 30<sup>th</sup> and 31<sup>st</sup> 2010, Organized by Hall, Tata Institute of Social Sciences, Mumbai



National Conference on Gerontology “Healthy and Productive Ageing-The need of the hour” as a Delegate on October 3<sup>rd</sup> and 4<sup>th</sup> 2011 organized by SNDT Women’s University, Mumbai

National Conference on dealing with Sexual Harassment at Workplace organized on 5<sup>th</sup> & 6<sup>th</sup> January 2012 organized by University Women Development Cell, Mumbai

National Conference on dealing with Sexual Harassment at Workplace organized on 5-6 January 2012 organized by University Women Development Cell, Mumbai

'16<sup>th</sup> Annual Conference of Medico-legal Association of Maharashtra' organized by SNEHA and the Department of Forensic Medicine & Toxicology at the Lokmanya Tilak Municipal Medical College & General Hospital held on 30<sup>th</sup> September, 1<sup>st</sup> October & 2<sup>nd</sup> October, 2012

Two-day seminar organized by Majlis on 25<sup>th</sup> and 26<sup>th</sup> August titled Negotiating Spaces: Interrogating Patriarchy with a Spotlight on Natal Family Violence

UGC sponsored National Conference on Ageing and Age Care in India for Department of Life Long Learning and Extension organized by Centre for Lifelong Learning, Tata Institute of Social Sciences, Mumbai, 25<sup>th</sup>-26<sup>th</sup> September 2012

Sharing and Messaging Consultation Workshop (AWAAZ-Media and Elected representatives for Safe Abortion, An initiative by Population First and IPAS India)

Attended a Short-Term Course on Social Science Research: Planning, Publication and Ethical guidelines, on March 19 - March 20, 2013

International Conference on the “Political Economy of Water: A Social Work Response” (December 19-December 21<sup>st</sup>, 2013) organized by the College of Social Work, Nirmala Niketan.

Three-day National Consultation on “Gender Relations in the Church and Society: Theme: Living Nirbhaya and towards a violence free society” (August 9-11 2013).

*Research Epistemology* Certificate Workshop (June 24<sup>th</sup> 2013-June 30<sup>th</sup> 2014) organized by the College of Social Work, Nirmala Niketan, Mumbai

Two-day National Consultation organized by Majlis on “Negotiating Spaces: Uniform Civil Code: Its Inclusion and Exclusions” held on Saturday November 8 and Sunday November 9 at Mumbai

Two-Day National Seminar on Contemporary Issues in Women’s Studies: A Feminist Discourse organized by IDOL, University of Mumbai in collaboration with Seva Sadan’s College of Education, Ulhasnagar, Dist. Thane held on 30-3<sup>1st</sup> March 2015

National Conference on ‘Sustainable Development through Research and Intervention Programmes’ organized by College of Social Work, Nirmala Niketan 20<sup>th</sup> – 21<sup>st</sup> December, 2018

### **Administrative Experience/Role Played in Internal Committees**

Orientation/Student Induction Committee: Convenor (2010-2011, 2012-2013, 2013-2014)

Women Development Cell: Convenor (200 -2013; 2017-2018; 2018-2019)

Admission Committee: Member (2010-2011)

Camp Committee: Convenor (2014-2015)

Recruitment Committee: Member (2010-2011)

College Development Cell: Member (2017 till date)

Internal Quality Assurance Cell: Member (2019 till date)

Academic Council: Member (2019 till date)

Internal Complaints Committee (2019 till date)

Examination Committee (2019 till date)

Specific Contribution as member of the Committees

◇Participation in meetings, planning and organizing events, maintenance of minutes, reports.

◇Established the Savitribai Phule Lecture Series in the College in 2010.

◇Coordinator UGC Scheme on Human Rights and Duties Education for undergraduate and postgraduate students of Rs 13 lakhs approximately 2010-2011

◇Participated in the organization of the National Seminar on Social Work Intervention for Inclusive Development: A Human Rights Perspective on February 18<sup>th</sup> and 19<sup>th</sup> 2011.

◇Co-convenor, National Conference on Understanding Ageing and Overview of Innovations in Ageing Care Management organized by the College of Social Work, Nirmala Niketan in collaboration with The National Institute of Social Defense (An autonomous body under the Ministry of Social Justice and Empowerment).

**Membership in Academic /Scientific/Societal Professional Bodies**

Elected President of the Alumni Association of the College of Social Work, Nirmala Niketan,2006-2007

Appointed as a Third-Party representative on the complaints committee of the Bombay Hospital Trust to deal with cases of Sexual Harassment in February 2010

Internal Complaints Committee NGO representative, Citizen Cooperative Bank, Mumbai

Internal Complaints Committee NGO representative, Office of the Controller General, Patents, Design and Trade Marks, Mumbai.

\*\*\*\*\*