

Name of Faculty Member: DR SMITA BAMMIDI

Designation: ASSISTANT PROFESSOR (Senior Scale)

Key Institutional Responsibility (Convenor Students Orientation and Camp Committee):

Date of Birth: 08 July 1981

Date of Joining: 15 January 2015

Date of Retirement: 8 July 2041

Unique ID: CSW-G-T14

Education Qualifications:

UG Degree , University, Year of Passing	Bachelor of Business Management, Gandhi Institute of Technology and Management (GITAM), Andhra University, 2002
PG Degree , University, Year of Passing	Master of Arts in Social Work (Medical and Psychiatric Social Work Specialisation), Tata Institute of Social Sciences, Mumbai, 2005 PG Diploma in Management of Participatory Development Projects at PRIA, New Delhi- 2006
NET , Year of Passing	UGC NET- 2006
MPhil Degree , University, Year of Passing	MPhil in Psychiatric Social Work, National Institute of Mental Health and Neurosciences, Bangalore- 2009
PhD Degree , University, Year of Passing	PhD in Social Work, registered in October 2009, Maharaja Sayajirao University of Baroda, Vadodara, 2012

Work Experience (in Years): 2009 - 2013- Temporary Teaching Assistant- Department of Human Development and Family Studies, Faculty of Community Sciences, Maharaja Sayajirao University of Baroda, Vadodara

2014- Sr Research Officer- UNFPA PROJECT ON ELDER ADVOCACY at TISS in Centre for Development Studies with Prof Siva Raju.

Area of Specialisation (Max 3 areas): Mental Health, Older people and quality of life/living arrangements and Women's empowerment, Life Skills Education

Courses Taught: Society, Work with Elderly, Ageing Studies, Women's Studies (BSW III/ MSW II), Environmental studies, Introduction to Sociology (BSW I/ MSW I), Work with Groups, Disaster Management, Life Skills Education

Research Guidance:

Number of PG Students Completed	32 students
Number of PhD Students Registered	-
Number of PhD Students Completed	-

Number of papers Presented:

Number of papers Presented in International Conferences	2 (2014, 2016)
Number of papers Presented in National Conferences	1 (2022)
Number of papers Presented in State/ Regional Conferences	2 (2007, 2017)

Number of Research Publications:

Number of Books	-
Number of Book Chapters	3 (2020-2021)
Number of Articles in UGC Care	-
Number of Articles in Scopus/ WoS	-
Number of Research articles/ papers	5 (2007 to 2018)

Projects Carried Out:

Number of Minor Research Projects (Up to Rs 2 lakhs)	-
Number of Major Research Projects (above 10 Lakhs)	-
Number of Consultancy Projects (Above 2 Lakhs)	-
Number of Field Action Projects Serving/ Served as FIC/ Director	-

Dr Smita Bammidi

Nirmala Niketan, College of Social Work

38, New Marine Lines

Mumbai- 400 020

bammidi.nn@gmail.com

PROFILE

Proactive Social Work Professional (specialization in Medical and Psychiatric Social Work), with an aptitude for teaching, research and practice pertaining to work with individuals, groups, communities and professionals from interdisciplinary fields.

*Teaching and research *Clinical Social work *Analytical and critical thinking *Supervision of Field Work *Training *Participatory approaches *Networking and collaborations *Documentation *NGO Exposure *Coordination of Tasks *Project Management *Administration *Conceptual Clarity *Good Interpersonal Communication * Strives for Gender Equity *Stands for personal values * Maintains work ethics.

EDUCATION

- MSCIT (Certificate to be obtained in May 2021).
- 2009-2012 -Ph.D. in Social Work: Faculty of Social Work, Maharaja Sayajirao University of Baroda, Vadodara (Awarded)
- 2007-2009- M.Phil in Psychiatric Social Work: NIMHANS, Bangalore (Distinction and Gold Medal/Award)
- 2008-2009- PG certificate in HRM: IGNOU, New Delhi (Grade 'B')
- 2006- UGC NET in Social Work: Andhra University, Visakhapatnam (Cleared)
- 2006- PG Dipl. in Management of Participatory Development Projects: PRIA, New Delhi (Grade 'A')
- 2005- Masters in Social Work (M.P.S.W): Tata Institute of Social Sciences, Mumbai (Grade 'B')
- 2003- Bachelor in Business Management: GITAM, Andhra University, Visakhapatnam (66.55 %)
- 1999- Intermediate in Biology, Physics, Chemistry: Raghu Junior College, Visakhapatnam (86.9 %)
- 1997- ICSE 10th Class: St Joseph's Girls High School, Visakhapatnam (82 %)

WORK EXPERIENCE

Assistant Professor, CSWNN

January 2015 - Present

- Completed Refresher course on Environmental Sciences during Dec 23, 2019- Jan 5, 2020 at UGC MHRD, Andhra University, Visakhapatnam.
- Completed Orientation course at University of Mumbai during May 23rd to June 28th 2018 with a Grade 'A'.
- Teaching the courses such as Gender studies (BSW III) and Introduction to Social Sciences- Sociology (BSW I), Work with elderly (MSW I) Work with groups (MSW II) and Disaster Management (MSWII).
- Every year, supervising 16 students who are placed for fieldwork at 3 agencies.
- Every year, guiding 3 final year students for their MSW Research.
- Every year, guiding 5-6 students who intern at Aastha- an NGO located in Rajasthan.
- Every year, accompanying a class of 60 students to guide the rural camp.
- On various committees such as Admissions Committee, College Women's Development Cell Committee, Library Committee, Students committee and Provident Fund Committee of the College.
- Extending support to the research studies undertaken by the Research Unit of the college.
- Participating in workshops, conferences and other forms of academic exposure along with working to publish written work.

Senior Research Officer, UNFPA Project on Advocacy for Older Persons

June 2013- Dec 14

- 2014- Working towards promoting CSR and Ageing (sensitization), Media and Ageing (follow up) as part of advocacy work.
- 2014- Support in finalizing the Thematic Paper on Social Security for Older Persons in India, editing of the Training of Trainer's Manual (for its publishing) and developing of Case studies to reflect realities of elderly.
- 2014- Writing out the preliminary findings of the Elder Abuse and Neglect Study in Maharashtra.
- 2014- Preparation of Concept note for setting up a Multi Center Facility for Older Persons in Mumbai under the guidance of project leader and coordinating a Brainstorming session among the interested stakeholders.
- 2014- Part of team in preparing a Proposal for Institute for Excellence on Theme of Importance of Multidisciplinary Focus on Older Persons to be submitted to UGC, New Delhi for a grant.
- 2014- As a offshoot of the Manesar Meeting of March 2014, have developed concept notes on Reverse Mortgage Loan, A Micro Study on Elder Abuse and Neglect, a proposal/rationale for a Thematic paper on the same topic, Role of CSR in Ageing as a result of the Schedule IIV Amendments to the Companies Act, 2013, setting up a Media and Ageing Resource Center Activities and a format for the highlights of Maharashtra report.
- 2014- Collaborating with British Deputy High Commission, Mumbai for Organizing the Indo-UK Workshop at TISS, Mumbai during 16-17th January, 2014. This was to exchange ideas on three areas of research and teaching, low cost assistive technologies and standards for institutions for elderly in the countries with varying contexts of ageing scenario.

- 2014- Collaborated with Stree Shakti and SNDT Women's University in organizing a Seminar on Older Women and Ageing in TISS during March 10th, 2014 to develop a manifesto for addressing concerns due to feminization of ageing in India.
- 2014- Release of the Research Report on Status of the Elderly in Maharashtra.
- 2014- Working on coordinating with contributing authors and editing for publishing a proposed edited volume on Pro-Ageing to reflect on the resilience and strengths associated with older persons in various contexts in India.
- 2014- Prepared and submitted an article to an edited volume on Climate change and Implications for South East Asia that will be published by Springer Link India.
- 2014- Prepared the compiled Proceedings of the 12th IFA Global Conference on Ageing on the Theme 'Health, Security and Community' held in Hyderabad.
- 2014- Other Networking and Collaborative efforts towards meeting advocacy goals.
- 2013- 2014- Supported Prof Vanessa Burholt of Swansea Univ, UK for a proposal to DFIS ESRC for a research project to study Social Networks among elderly and how to enhance them further.
- 2013- Coordinating conduct of Training of Trainers Program in Maharashtra for creating awareness about ageing issues among the community elderly.
- 2013- Coordinating conduct of Media and Ageing Workshop- An interface on the important role of media in the field of ageing and what can be done under a body Media and Ageing Resource Center at the National Level.
- 2013- Preparation of the state report for Maharashtra's elderly based on BKPAI Survey data.
- 2013- Other Networking and Collaborative efforts towards meeting advocacy goals.
- Required to develop yearly project proposals and operationalize the activities in area of elderly advocacy.
- Project involves collaborative research studies, publications, interventions, workshops/seminars/conferences and working in liaison with media/NGOs/Govt/other institutions.
- Planning, Coordinating and working with a team at TISS, NGO contacts and consultants in the project.
- Making presentations at meetings and academic forums.
- Documentation of various processes / outcomes of the project activities and writing /compiling Research reports.
- Delegating and monitoring tasks of the team members involved in the project.
- Writing research articles based on research conducted under the project under mentorship of project leader.
- Working on assignments related to elderly advocacy provided by project leader.
- Handling logistics, accounts and basic administration work related to the project.

Teaching Assistant, Dept. of Human Development and Family Studies (MS Univ) Aug 2009 – May 13

- Required to teach courses, supervise fieldwork and involve in certain administrative duties at the department.
- 2009-13 UG Courses taught: Family and Child Welfare, Parent and Community Involvement: Approaches and Strategies, Orientation Field work, Family and Law, Introduction to Children with Special needs, Rural Block Placement, Application of Research Methods (MS Excel and SPSS).

- 2011-13- Facilitating online student interaction of the Department MSc students with universities abroad for the course: Cross Cultural Studies (concerning Youth). (China, Peru, Morocco, USA).
- 2009-13- Fieldwork Supervision at Arpan- School for Children with Special Needs; ICDS Anganwadi/ICDS Women; Old Age Home- Jalaram Trust Vanaprastha Ashram.
- 2011- Involved in a committee constituted for conceptualizing and implementation of activities under the Human Development and Assessment Center for clinical work in the developmental assessment of individuals across the life span.
- 2012- Involved in CBCS Curriculum development for Dept of HDFS.
- Jan- Mar 2013: Trained for assessment of developmental delays in children from Birth to 30 months age. Undertook assessment of a child and prepared test report and results on 20-03-2013.
- Supported in organizing a Youth Panel Discussion ‘Youth for Development: Concerns and Challenges’ at the department level on Feb 2nd 2013 in collaboration with the Azim Premji Foundation, Bangalore.
- Admin Duties: Library supervision and maintenance, Assistance in infrastructure committee, Tabulation duty, Election duty, First year Admissions duty.

PSW Intern, NIMHANS (Bangalore)

Feb 2007 – Apr 09

- 2009- Govindaswamy Memorial Prize for achieving Distinction in M Phil in Psychiatric Social Work.
- Introduced to Psychiatric setting and working as part of the multi-disciplinary team of Psychiatrists, Psychologists, Nurses, Occupation Therapists, Rehabilitation experts and Neuro Surgeons.
- Introduced to the issues in the field of mental health in abroad and in India.
- Trained as a psychiatric social worker to arrive at a diagnosis through the psychosocial analysis of patient’s/family’s context leading to the mental health disorder and plan the program/therapy to address the same.
- Helped in preparing and planning for re induction of patients (in remission/symptoms managed by medication) to their homes.
- Placed for 3-4 months each in the following Units for working with assigned patients in sync with the multidisciplinary team: Adult psychiatry, child and adolescent psychiatry, de-addiction, behavior therapy, neurology, neuro-surgery, family therapy, community psychiatry, psychiatric and neuro-rehabilitation.
- Attended ward rounds as part of multidisciplinary team of psychiatrist, psychologist, psychiatric social worker and psychiatric nurse.
- Conducted a mini-study during placement at the de-addiction center.
- Presented case conferences with psychosocial formulation and social diagnosis of patients and participated in weekly presentations on aspects related to Psychiatric Social Work, case presentations and PhD scholar’s presentations.

Programme Intern AP-Focal point for RTI Act, PRIA- Hyderabad

Jan 2006 – Jan 07

- Involved in bi-annual planning of State Resource Center Activities and in its monitoring & evaluation.
- Involving in the research project activities, reporting and process documentation of various interventions planned and implemented at the organization.

- Involved in resource mobilization for the programs and events.
- Make efforts to convey about the ideology and work of our NGO and enlisting their partnership for work towards similar goals.
- Planning, organizing of Pre Election Voter Awareness Campaign for Municipal/Panchayat elections in AP in June 2006.
- Part of research study on the utilization of NREGA and analyzing scope for monitoring NREGA initiatives in Mahabubnagar district.
- Liaison with stakeholders of RTI Act-2005, building database on RTI-AP and organizing a sensitization workshop for the stakeholders.
- Assisted in Mid-term Review for WOORD EN DAAD, Germany funded Institutions in AP along with a senior colleague at PRIA, New Delhi.

Trainee, PRIA Continuing Education, New Delhi

Aug 05- Dec 05

- Required to carry needs assessment of issues at the village level by interacting with village officials, gram sabha members, women and villagers.
- To draft a program plan using a project approach of how the people belonging to the Panchayat and the members from the community (stakeholders) can be mobilized and motivated to work towards addressing that issue on their own.
- Information provision and capacity building (leadership, assertiveness, use of resources, pro social behavior) was also part of the plan.
- The issue of 'Lack of drinking water facilities' was prioritized and a detailed plan of action was done. Initial meetings using innovative mobilization strategies were held on how they could resolve this issue. This was presented to the colleagues at the PRIA-Visakhapatnam who would continue implementing it. The report was published and is kept at the PRIA Documentation cell.

Social Worker, Manav Rehabilitation Centre for Mentally Ill, Mumbai

June 05-Aug 05

- Planning and coordinating the structured activities of the rehabilitation Centre run for patients with psychiatric disorders on a weekly basis.
- Support and counseling for the patients and the family.
- Facilitate Group therapy sessions for patients from Psychiatric ward and de-addiction center on relevant topics that motivate and support desired behavior.
- Conduct of outreach workshops on issues related to awareness about mental health, stress management and rights of the mentally ill.
- Carrying out documentation of activities, administrative matters, daily accounts and charity contributions of the Centre.

Field Work Placements During M.A in Social Work, TISS, Mumbai

2003-2005

• **Masina Hospital, Psychiatric Unit- 2005**

Planning and implementing weekly field work plans, discussion of issues as part of field work in Group/Individual conference, discussing ones progress, developing skills and use of social work methods with persons on field in a psychiatric setting. Interacting with patients, their families and mental health professionals, conduct of workshops on the theme 'stress management to prevent mental health disorders' in schools in byculla, conducting group sessions at the deaddiction center attached to Masina Hospital and developed a proposal for setting up a day care center for the mentally ill at Masina Hospital.

- **Sakshiya Bal Gruh, Observatory Home, Ulhasnagar- 2004**

Planning and implementing weekly field work plans, discussion of issues as part of field work in Group/Individual conference, discussing ones progress, developing skills and use of social work methods with persons on field in a psychiatric setting. Interacting and conduct of sessions for the children of various age groups, Organising events and games for children to participate in, use of case work and group work methods with appropriate themes for work with children living at the observatory home. Accompanying children for home visits to meet their parents, siblings or relatives. Discussing progress or issues identified of children with on-field supervisor and teacher supervisor.

RESEARCH EXPERIENCE

- 2014- Coordinated a Micro Study on Elder Abuse and Neglect (Urban and Rural Maharashtra) - UNFPA Project, SDS, TISS.
- 2013-14- Support in preparing of a 'Thematic Report on Social Security for Older Persons in India' based on the BKPAI Survey data of UNFPA, India.
- 2013- Support in writing out a Research Report on 'Status of Elderly in Maharashtra' based on BKPAI Survey data of UNFPA, India.
- During PhD: Living Arrangements and the Quality of Life of Elderly in Vadodara City: Implications for Social Work Practice.
- In Partial Fulfilment of M. Phil in Psychiatric Social Work: Sibling Relationships and Perceptions of their Family Interaction: A Study on School-going Adolescent Girls.
- During the placement in De-addiction Centre, NIMHANS, Bangalore: A Mini-Study on Motivational Factors to Refrain from Drinking in Alcohol Dependent Patients at the De-Addiction Centre, NIMHANS, Bangalore.
- During the stint at PRIA- Hyderabad 2006-07: Undertaken data collection for a study undertaken to assess the Utilization of NREGA funds in Kurnool district, Andhra Pradesh.
- During Field work placement as part of PG Certificate course on MPDP at PRIA-New Delhi Aug-Dec 2005: Carried out needs assessment of issues at the Krishnapuram village by interacting with village officials, gram sabha members, women and villagers using participatory approach and developed a project plan for resolving the prioritized issue of 'Lack of drinking water facilities', to be implemented by colleagues at PRIA-Visakhapatnam.
- During the Block Fieldwork Placement from TISS at PRIA- Mahabubnagar 2005: Undertaken interviews to develop Case Studies on the Political Participation of Women Elected Representatives in the villages of Mahabubnagar District.
- During the MA in Social Work/ M.P.S.W 2005: A Study on Poor Women and Mental health in the Unorganized Sector in Urban Neighbourhoods of Visakhapatnam.
- During the Bachelors in Business Management 2003- A Study on the Weak Area Project for Pepsi Beverages in Visakhapatnam.

PUBLICATIONS

- Research Article titled Some Insights on the Living Arrangements of Quality of Life of Older Women is accepted for publication in the edited book titled Older Women and Wellbeing - A Global Perspective with Springer Link Publication. Would be published in 2021
- Article on Field Work Practicum in Elder Care Settings. To be published as an Edited book in 2021.

- 2021- Worked on an article titled ‘Grief Counseling’ and exploring to submit it to a Journal in Psychiatric Social work or Psychology.
- 2021- Research article titled ‘Family Strengths of Elderly in India’. Sole Author. To be submitted to Journal of Marriage and Family Therapy or British Journal of Social Work.
- Published a chapter ‘Climate Change in Mumbai and its Impact on Senior Citizens’ in a book ‘Climate Change and Human Health Scenario in South and Southeast Asia’. Authors- S Siva Raju and Smita Bammidi (2016).. Springer Edited Volume.
- Publication of a report titled ‘Social Security of Elderly in India’ with me as co-author to Prof Sumati Kulkarni and Prof S Siva Raju has been brought out by the United Nations Population Fund (UNFPA, India) in *March 2016*.
- A research article based on MPhil work titled ‘Sibling Relationships and Perceptions of their Family Interaction was published (Sole Author) in *the February 2016 issue*, the Indian Journal of Social Work, TISS, Mumbai.
- Publication- ‘Family Relationships in the Living Arrangements of Older Persons and their Quality of Life’ (Sole Author) is published in Social Work Footprints, a Bangalore based Journal during June 2015.
- Publication- ‘A Report on the Status of Elderly in Maharashtra, 2011’ by UNFPA, India Authors are S. Siva Raju, Sulabha Parasuraman, Dayakishan Mangal and Smita Bammidi was published in January 2014.
- An Article titled ‘Status: Single, Age: 29, Gender: Female -The Q’s and A’s of Singlehood’ in the October 2011, Diwali Special Issue of Womens’ Era.
- A Research Article titled ‘Motivation to Refrain from Drinking: A Study of Alcohol- Dependant Inpatients’ based on a mini study conducted at the De- Addiction Center, NIMHANS published during July- December 2011 issue, in the Indian Journal of Youth Affairs.
- Undertaken a needs assessment and prioritization of issues at the Krishnapuram village by interacting with village officials, gram sabha members, women and villagers using participatory approach and developed a project plan for resolving the prioritized issue of ‘Lack of drinking water facilities’, to be implemented by colleagues at PRIA-Visakhapatnam. The report was published and is kept at the PRIA Documentation cell. (During Field work placement as part of PG Certificate course on MPDP at PRIA- New Delhi).
- A Research Article entitled ‘Women in the Unorganized Sector: Impact on their Mental Health’, published in the WSRC Communique, WSRC (December 2010), M.S University of Baroda.
- A Paper entitled “Understanding Sexuality in the Later Years”, published in the Indian Journal of Gerontology Vol 23 (1) January 2009, pp 88-99.
- A Short story “Mango Rice” in Social Welfare March 2007.
- Occasional Paper for PRIA, New Delhi. A Report on Engaging Civil Society in Initiative towards Democratic Governance in AP

LIFE MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS

- Life Member of Indian Association of Social Sciences and Health (IASSH) from August 2019. Membership no. is 1251.
- Life Member of Association of Psychiatric Social Work Professionals from April 2021.

REVIEW OF ARTICLES

- Referee of 4 articles per year for Indian Journal of Social Work and British Journal of Social Work.

- Referee for 1 article for the Indian Journal of Social Work by TISS, Mumbai (October 2018) as requested by the Editor of Journal, Prof Surinder Jaswal.
- Referee for 2 articles for the Indian Journal of Social Work by TISS, Mumbai (March 2016) as requested by the Editor of Journal, Prof Surinder Jaswal.
- Referee for 3 articles for the Indian Journal of Social Work by TISS, Mumbai (2014-15) as requested by the Editor of Journal, Prof Surinder Jaswal.
- Referee for 3 articles for the Perspectives in Social Work by CSWNN, Mumbai (2014-15) as requested by committee at the college.

CONFERENCES/ SEMINARS / WORKSHOPS

(Organized / Presented Papers)

- Organized and participated in the International Conference on Community Based Peacebuilding: Challenges and Opportunities organized by the College of Social Work, Nirmala Niketan, held on Date: 18th and 19th December, 2020.
- Coordinated the Staff Development Program organized by CSWNN on Sensitization workshop about persons with disabilities in workplace, held on Oct 9, 2019.
- Invited as Expert for Curriculum Review workshop on the 6th and 7th of April, 2017 organized by the Centre for Lifelong Learning for the Diplomas in Gerontology, Counseling & Youth Development and Social Change.
- Bombay Archdiocese Senior Citizen Association (BASCA) Annual General Body Meeting on April 4, 2017 at Salvation Kendra, Portuguese Church, Dadar from 11.00 am onwards. Talk on Creating Independence: Active Ageing among Older Persons.
- Invited as a resource person for a Research Methodology workshop held at TISS (Organised by the TISS Alumni Association) for a lecture on Ethnography on July 30th 2016.
- Invited by the University of Nebraska, Lincoln to present paper on 'Family strengths and Senior Citizens in India', at a Symposium on Building Family Strengths through International Family Studies, held during 29-30th April 2016.
- Invited as a Resource Person by the Centre for Social Studies, Surat, Gujarat to make a presentation based on my PhD Work on 23rd July 2015 as part of the event of the Centre 'Colloquia'.
- As a Resource person, presented on 'Making Healthy and Active Ageing a Priority' at Seniors Empowerment Program conducted by the Senior Citizens Association, CBD Belapur, Mumbai on 21st September, 2014.
- On the Organizing Committee of the 12th Annual Conference of IASSH on Health, Gender and Development: Multi-disciplinary Perspectives' and a Pre Conference Workshop on 'Approaches to Social Research' to be held at GP Institute of Public Health, University of Lucknow during 18-23 November, 2014.
- Conference Coordinator and Knowledge Partner (Representing TISS) for the 12th IFA Global Conference on Ageing on the theme 'Health, Security and Community' held during June 10-13, 2014 at Hyderabad International Convention Center, Hyderabad. Presented a paper on 'Living Arrangements of Older Persons in Maharashtra and the Relation to Select Variables: Based on BKPAI Study. Chaired a session at the Conference
- Coordination to organize the Conference on 'Women and Ageing' in collaboration with Stree Shakti, New Delhi and SNDT Women's University on 10th March 2014. Held at the Training room 602, Guest House, TISS, Mumbai. Presented a case study of an Older Women from Mumbai.
- Coordination to organize the 'Indo UK Workshop on Ageing' on 16-17th January, 2014. Held at the Library Conference hall, TISS, Mumbai.
- Coordination and helping in organize a Media and Ageing Workshop on Role of the Media in Creating Visibility about Ageing Issues on 20th December 2013. Held at the Training room, Guest house, TISS, Mumbai. Presented a paper on the 'Psychosocial Issues in Aging'.
- Coordinating and helping in organize the Training of Trainer's Workshop for Creating Awareness on Ageing Issues among Elderly on 25th and 26th September 2013. Held at Convention Center, TISS, Mumbai. Also participated as a resource person on Public Speaking Skills and another training session.

CONFERENCES/ SEMINARS / WORKSHOPS

(Participated)

- Participated in staff development programmes and talks at the college on various issues, in the years 2016 and 2017, 2018, 2019, 2020 and 2021.
- Staff Development program on Online/Offline Learning and Teaching Methodologies, organised by the College of Social Work, Nirmala Niketan, held on April 15 and 16, 2021.
- Participated in the National Student Led Conference 2020 on Relevance of Social Work in Contemporary Times, held on 17th and 18 Feb, 2020.
- Participated in the National Conference on Child Rights and Protection organized by the College of Social Work, Nirmala Niketan, Mumbai held on 29- 30 March 2017.
- International Justice Mission and Prerana in Collaboration with College of Social Work, Nirmala Niketan. Two day training on Human Trafficking (16 & 17 September 2016).
- Seminar on NGOs in Social Development: Contemporary Challenges and Strategies, held on 27th August 2015, organized by the College of Social Work, Nirmala Niketan.
- Participated at the one day Workshop by SAKSHAM (A project working with persons having HIVAIDS) for Faculties of CSWNN held on 24th April 2015 at Extension Centre of CSWNN, Goregaon, Mumbai.
- B-VOC Curriculum development of a course on Geriatric care at TISS in 2014.
- As special invitee, have participated in the Celebration of World Elders Day' October 2014 by the Adhata Trust, Mumbai.
- Dissemination seminars for state reports on Status of Elderly for Chandigarh, Kerala, West Bengal, Maharashtra in 2013-2014.
- Attended a 3 day Ageing Seminar at Manesar, Haryana during 28th to 30th November 2013. Conducted by Institute of Economic Growth, New Delhi.
- Attended the Celebrating Ageing Expo 2013 at Urban HAAT, CIDCO Bhavan, CBD Belapur, Mumbai on 8th September 2013.
- A Lecture on 'Women Studies and Women Movements' on 26th March 2013. Speaker: Dr. Bhavana Mehta, Faculty of Social Work, The M.S University.
- A Panel Discussion on 'Assesment of Children and Youth' on 16th March 2013. Speakers: Mr. Nikhil (Sense International), Ms. Sohini (New Horizons, Mumbai), and 2 other panel persons.
- A Lecture on 'Democracy, Gender and Justice' and 'Curing the Anecdote: Justice for women', on March 12th and 14th 2013. Speaker: Dr. Lajwanti Chattani, Professor, Dept. Of Political Science.
- A Lecture on 'Historical information on Family in India and Contemporary Families in India', on 25th and 26th February, 2013. Speaker: Dr. A.M. Shah.
- Annual event as a celebration of dance, culture and heritage of Baroda organized by the Faculty of Performing arts, M.S University on February 10, 11th 2013.
- Part of organizing committee and Attended Youth program 'Youth Development: Issues and Concerns' on February 2nd, 2013. Chairperson- Dr. N. Rajaram, Speakers- Dr Sujit Sinha, Dr Tripti Shah at Faculty of Family and Community Sciences, M.S. University, Vadodara.
- One day seminar on "Significance of early detection of infants at risk" on February 11, 2012. Speakers: Dr. Arun Phatak, Dr. Samir Dalwai from Mumbai and Ms. Sharada Barve from Pune, at the Dept. of HDFFS, Vadodara.
- Seminar on 'The Indian Obsession with Fairness: Is Fair Beautiful? ' Speaker Ms Nandita Das on 7th February, 2012 at Vadodara.
- Workshop on 'Feminist Counseling' Held during February 1st to 4th 2012 facilitated by Dr. U Vindhya (TISS) at the Department of HDFFS, Vadodara.
- 'Consultation on Amendment of Juvenile Justice (Care and Protection of Children) Act 2000 & its Amendment Act, 2006, during 29- 30th September 2011 at NIPCCD Regional Centre, Indore.

- Workshop on ‘Non directive Play therapy for Children’ on August 27th 2011 at the Department of Human Development and Family studies. M.S University.
- Seminar on ‘Learning styles and how to use them when designing programs’ by Judith Myers Walls on July 23rd 2011 at the Department of Human Development and Family studies. M.S University.
- Workshop on ‘‘Research Proposal Development in the Social Sciences’ held on 10, 11 and 18th February 2011. Organized by Faculty of Social Work, M.S University and Centre for Operations Research and Training (CORT), Vadodara.
- Public lecture on ‘‘Moral reasoning in a global world: Bridging human development and culture’’ by Dr. Lene Jensen on December 30, 2010 at the Department of HDFS, Vadodara.
- Talk on ‘‘Emerging Adulthood(s): International variations in ages 18 to 25’’ by Dr. Jeffrey Jensen Arnett on December 29, 2010 at the Department of HDFS, Vadodara.
- Talk on Sexual Harassment Guidelines by Advocate Mohammad Hanif Shaikh held on October 23, 2010 at the auditorium of the Faculty of Family and Community Sciences under the auspices of WSRC-SAMVAD.
- Workshop on Qualitative and Mixed Methods by Dr Thomas Weisner on October 6th 2010 at the Department of Human Development and Family studies. M.S University.
- Talk titled: "Socially distributed care of children: Theory, overview, and current circumstances." By Dr Thomas Weisner on October 5th 2010 at the Department of Human Development and Family studies. M.S University.
- Film screening and discussion – Iron Jawed Angels, organized by American Centre Program on September 15, 2010.
- Seminar by -JUDITH MYERS-WALLS ‘‘PARENTS, CHILDREN, WAR AND PEACE’’ on July 28th 2010, at the Department of Human Development and Family studies. M.S University.
- 5 National Seminars and Workshops, during the two years (2007 – 2009) of M Phil at NIMHANS, Bangalore on clinical social work, psycho-social rehabilitation, domestic violence, child and adolescent mental health and disaster management.
- Participated and presented a paper ‘Understanding Sexuality in Later Years at a National Seminar on Old Age: Issues and Challenges, in March 2007 at Andhra University, Visakhapatnam.
- 6 National and Regional Workshops, during 1 (2006 – 2007) year at PRIA, Hyderabad on Governance, RTI Act, NREGA and Participatory Management.

COMPUTER SKILLS

- Enrolled in MSCIT course in March 2021 and exam in May 2021.
- Proficient in the use of MS Office (MS.Word, MS.Excel, MS.Power Point), Open Office Org 3, MS. Excel and SPSS.

LANGUAGES KNOWN

- Can speak and write Telugu and English fluently. Can speak and understand Telugu, English, and Hindi fluently. Can understand and speak to an extent in Gujarati, Kannada and Marathi.