

# **ANUBHAV MUMBAI**

## **INTRODUCTION**

Anubhav Mumbai is a project of the College of Social Work, Nirmala Niketan initiated in June 1997 in collaboration with “Anubhav Shiksha Kendra”. It is also a part of the National Youth Foundation (NYF). Anubhav Mumbai works with the students and non students’ youth. It aims at enabling youth to discover themselves and contribute positively to the development of society as concerned and responsible citizens. It mainly works with colleges in the suburbs of Mumbai i.e., from Matunga to Dahisar.

## **HISTORICAL BACKGROUND**

Anubhav Mumbai is one of the centres of Anubhav Shiksha Kendra which was initiated in June 1997 by the College of Social Work, Nirmala Niketan, as a project of Extension Centre, Goregaon.

YUVA, since its inception has been working on the issues of youth, to restore, promote and defend the rights of the youth. It was associated with SMILE (Students’ Mobilization Initiative for Learning through Experience) program since 1986 in various capacities including conceptualizing the program in IGSSS (Indo German Social Service Society) as a placement agency for student exposures, coordinating agency for all exposures in Maharashtra.

YUVA invited to be regional centre of SMILE in 1990 for Maharashtra and Madhya Pradesh. The inputs consisted of youth motivation, exposures and fellowship and it came to be known as a Anubhav Shiksha (Experiential Learning). Until 1996, Anubhav Shiksha Kendra Program was implemented through four outreach centre in Mumbai, Nagpur, Pune and Solapur and was coordinated by the Yuva Office in Pune.

YUVA went through a decentralization process in 1997 and total five Centers of Anubhav Shiksha Kendra (ASK) were established with dual goal of “*Youth Development and Youth for Development*”. With SDC (The Swiss Agency for Development and Cooperation) support three new centre were added to the network. SDC & KZE have supported this program from 2003 to 2007. After that, KZE has supported the Anubhav Shiksha Kendra process till now.

## **Overall Goal of Anubhav Mumbai**

The overall goal of Anubhav Mumbai is “To build capacity young people to be concerned, responsible citizens for asserting rights and responsibilities as well as to engage them in the development process of social transformation”.

## **VISION OF ANUBHAV MUMBAI:**

The vision of Anubhav Mumbai is “Development of Youth as Concerned Citizens Committed to Social Transformation”.

## **MISSION OF ANUBHAV MUMBAI:**

The mission of Anubhav Mumbai is “Educating Youth to Be Leader and Change Agents in the Society.”

## **CORE VALUES OF ANUBHAV MUMBAI:**

All the programmes are based on six core values

1. Gender Justice
2. Social Justice
3. Democracy & Secularism
4. Environmental Justice
5. Honesty & Integrity
6. Dignity of labour

## **OBJECTIVE OF ANUBHAV MUMBAI:-**

1. To develop the youth and create awareness of their own capabilities and enable them to participate and contribute towards various developmental activities.
2. To work for social, cultural and political transformation of the society along with other similar organizations and marginalized groups.
3. To provide the youth with an orientation to the existing intervention strategies in response to these developmental issues.
4. To give the youth an orientation about and to develop sensitivity towards the various social and developmental concerns.

## **STAGES OF ANUBHAV MUMBAI**

### **➤ MITRA:**

Student who joins anubhav group and is regular in attending the programmes and shows interest in social issues is a Mitra

### **➤ SAHAYOGI:**

Student who after the stage of mitra is actively involved in planning and organizing programmes and involved in developmental issues is a Sahyogi

➤ **SATHI:**

A sahayogi who is active and takes leadership role and closely works with the anubhav staff is a Sathi

**PROGRAMME INTERVENTION:**

**1. Youth Motivation**

**A. Orientation Programs(College Campaigning)**

Anubhav Mumbai organized College Campaigning which is important part of Anubhav Mumbai process. It helps the students to get information about Anubhav Mumbai such as vision, mission, objective, activates, and intervention strategies of Anubhav Mumbai. This is conducted by using various program Medias like power point presentation, awareness song, story, questionnaire. The present Anubhav Mumbai Members persuade and motivate other students to join Anubhav Mumbai.

**B. Capacity Building through Sessions, Workshops/Seminars and training**

Sessions, workshops, seminars and trainings on different social issues & skills provided which help youth to develop positive attitude and build their capacities. This also provides youth an opportunity to interact, share their experiences and sharpen their critical thinking. Prejudices and biases are deconstructed through the process of dialogue. Purposeful relationships are formed in a mutual respect and openness which helps them to take active role in dealing with concerned issues.

**C. Youth Fairs(Theme Day)**

A theme day is organized annually for all the students and non students of Anubhav Mumbai based selected theme on Anubhav Mumbai core values. This celebration is be the culmination of their long year reflective action on a prior selection theme of local, regional or national relevance. The equal opportunity is provided to present their skills, talents and abilities through various activities and competitions. This occasion intend to consolidate the process of empowerment and organization building as well as to provide stimulus for creative expression of youth around a particular theme.

**D. Anubhav Mumbai Core Group (AMCG)** –This is strengthened to promote multi level leadership at college and centre level. Five representative leaders from

each college is elected as a AMCG member who meets regularly and participate in the process of decision making in Anubhav Mumbai.

Space is offered for youth to acquire and strengthen leadership skills by their involvement in grassroot democratic process. This forum seeks to encourage learning through interactive sharing of diverse personal experiences and perceptions.

## **2. Youth Exchange**

### **A. Camps/Exposure Visits:**

To strengthen a sense of social responsibility in youth, Exposure / live – in visits are organized annually in rural area and tribal area where youth experiences the issues and concerns of that particular area. This sensitizes them and develops their perspective on the issues of rural India.

## **3. Youth Forum Building**

Maharashtra Yuva Parishad (MYP) is strengthened as a Youth forum at the state level with the vision of youth development and youth for change. The inputs are provided through different sessions, workshops, camps, seminars and meetings at local, state level to make them aware about current social, economical and political scenario which is helpful to them to take value based political action. This forum acts as pressure group in the society. Youth in the MYP are motivated and guided to address issues at different level.

### **STRATEGIES:**

- Intensive youth organization for achieving goals of Anubhav Mumbai.
- Attention to specific underprivileged target groups.
- Group bonding among Anubhav Students to build purposeful relations and team spirit.
- Develop an interest of the youth towards Anubhav Mumbai Core Values and social concerns by using different innovative ideas and program Medias.
- Capacity building of youth to enable them to intervene at multiple levels e.g. self, family community, society.
- Networking with Colleges, likeminded people & organizations.
- Building strategic alliances at local, regional and national level.